DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School- Winter 2021-22

| DISHES |  |  |  |  | 为 |  |  |  |  |  |  |  |  |  |
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| Main Menu WK 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Macaroni Cheese (BD-70490,04193) |  | $\nu$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Baked potato (Biring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans (BD-30396) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Broccoli (CL-Fresh) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese CL |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Fresh Pineapple \& Mango pieces (CL) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork Sausage (CL) |  | $\nu$ |  |  |  |  |  |  | $\nu$ |  |  |  |  | $\downarrow$ |
| Pork Sausage GF (CL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable sausage (BD-73736) |  |  |  |  |  |  |  |  |  |  |  |  | IN GRAVY |  |
| Creamed Potato (BD-31321) |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Peas <br> (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chocolate Mousse (BF-31461) | CONTAIN PORK GELATINE |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Fresh Fruit selection (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts BF-50508 |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Roast Turkey \& Gravy (BD-95365) |  |  |  |  |  |  |  |  |  |  |  |  | In Gravy |  |
| Cheese \& Tomato Tortellini <br> (BD-49201,04334) |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Roast Potatoes GF | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables <br> (BD-04497) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese \& Tomato Pasta Bake (BF-70490, 04334) |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Butternut risotto BD-30342 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit Birings | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fishcake (BF-07408) |  | $\nu$ |  |  | $\nu$ |  | $\nu$ |  | $\nu$ |  |  |  |  |  |
| Fish Finger GF (BD-02771) |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |  |  |
| Baked Beans (BD-30396) Vegan | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Quiche (BD-52485) |  |  |  |  |  |  |  |  | $\nu$ |  |  |  | $\downarrow$ |  |
| Chips BD-19253 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Blueberry Muffin (BD-19064) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | May contain | May contain |  |
| Bread (BD-45897) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sandwich/roll <br> Ham (PORK) <br> BF-45897, 72031, <br> 45683 |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Sandwich Cheese BF-45897, 72031, 72537 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Sandwich Tuna } \\ & \text { BF-45897, } 72031, \\ & 30530,04134 \end{aligned}$ |  | $د$ |  |  | $d$ |  |  |  |  |  |  |  |  |  |
| Salad Bar <br> Allergens highlighted <br> on day <br> If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Frubes BD-50508 |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Alpro Yoghurt BD 35228 |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |  |

Updated:
13/7/2021
This is designed to be a guide only. For more details about specific product contact the school.

Reviewed by: PJ

## May Contain - This is a warning that <br> the product is used in the same <br> factory/site. <br> IF IN DOUBT, LEAVE IT OUT!

You can find this template, including more information at www.food.gov.uk/allergy
All pre—packed sandwiches have allergy awareness on the packaging along with full ingredient list from October 2021

