DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Summer 2022 - V2

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya |
| Baked Potato BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans BF-30396 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (Chiltern Local) |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |
| Tuna Mayonnaise BF-30530, 04134 |  |  |  | $\downarrow$ | $\nu$ |  |  |  |  |  |  |  |  |
| Tomato Pasta BF-70490, 17576 |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit Salad CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Cucumber salad BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts BD-72942, 99120, 99126 |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |
| All day meat breakfast CL, BF 01599, 30396, BR 113680, 33655 |  | $\downarrow$ |  | $\downarrow$ |  |  | $\nu$ |  |  |  |  |  | $\downarrow$ |
| All day Veggie Breakfast CL, BR 113680, BF 01599, 30396 |  |  |  | $\downarrow$ |  |  | $\nu$ |  | $\downarrow$ |  |  |  | $\downarrow$ |


| DISHES |  |  |  |  | 覑 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya |
| Sweetcorn (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Ciabatta Buns GF BF-55397 |  |  |  |  |  | MAY CONTAIN |  |  | MAY CONTAIN |  |  | MAY CONTAIN | $\downarrow$ |
| Chocolate Brownie cake BF-51940 |  |  |  |  |  |  | $\nu$ |  |  |  |  |  | $\begin{gathered} \text { MAY } \\ \text { CONTAIN } \end{gathered}$ |
| Fresh Fruit selection BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Frubes BF-50508 |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |
| Alpro Yoghurts BF 35228 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Gammon \& Gravy |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { IN } \\ \text { GRAVY } \end{gathered}$ |
| Stuffed Peppers BIR BD-05997, CL |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |
| Peas (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Gravy (gf) (BD-22212) |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |
| Roast Potatoes BF-43028 |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 苗 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya |
| Farmhouse Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit selection | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Tikka Masala BF-32087, 17576 CL, |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |
| Vegetable Korma BF-29825, CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice BF-06587 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetable CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal Chapatti BF-12242 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Sausage Roll BR-129445 |  | $\sqrt{ }$ |  |  |  |  | MAY CONTAIN |  |  |  |  |  |  |
| Pork Sausage Roll BR-33640 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |
| Pancakes with Lemon \& Sugar BR-55454, 114947, 350098 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |


| DISHES |  | N |  |  | c | 目 |  |  | 回 |  |  | 追 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Wkis | com | $\pm$ |  |  | －an | Lomm | ＂ |  |  |  |  | $=$ |  |
| \％ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |
| 5me | Nom |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Nomm |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Nom |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |
| \％mow |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | ＂ | $\checkmark$ |
|  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\pm$ |  |
|  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  | $\pm$ |  |
|  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  | $\pm$ |  |
| 边 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | － |  |  |  |  |  |  |  |  |  | 蔵 | 5 |  |

