DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Winter 2021-22

| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 5 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| $\begin{aligned} & \text { Tomato \& Basil } \\ & \text { Pasta } \\ & \text { (BD-70490,04334) } \end{aligned}$ |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potato (Birring) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Chiltern Local |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Baked Beans (BD-30396 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Peas } \\ & \text { (BF-82829) } \end{aligned}$ | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cucumber salad Birring | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts BF-50508 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Exotic Fruits (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit (Birring) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Tikka Masala <br> (BD-70403, 04345 <br> + Chiltern Local) | No <br> Allergens |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Chick Pea, Potato \& Spinach Curry (Chiltern local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| $\begin{aligned} & \text { Main Menu } \\ & \text { Wk } 5 \end{aligned}$ | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Steamed Rice (BD-06587) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Carrots } \\ & \text { BF-70825 } \end{aligned}$ | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Turkey <br> \& Gravy <br> BF- 95635 |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \text { In } \\ & \text { gravy } \end{aligned}$ |  |
| Roast potato gf (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cauliflower <br> \&Broccoli Cheese BD-04193, |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables BD- 04497 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit platter (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lentil \& Beef Bolognaise (BD-70490, 56614 CL |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Lentil \& Vegetable Pasta Bolognaise BD-70490, 56614 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas BF-82829 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Strawberry Jelly BF73291 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |



| DISHES | $\sqrt{2}$ |  |  |  |  |  |  |  | $\square$ |  |  |  |  |  |
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| Main Menu Wk 5 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Alpro Yoghurts BD 35228 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salad Bar <br> Allergens highlighted on tray lids on the day If any included. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Amended date: 21/7/21 |  |  |  | Reviewed by: PJ |  |  |  |  |  |  |  |  | You can find this template, including more information at www.food.gov.uk/allergy |  |
| This is designed to be a guide only. For more details about specific products contact the school. |  |  |  | May Contain - This is a warning that the product is used in the same factory/site. <br> IF IN DOUBT, LEAVE IT OUT |  |  |  |  |  | All pre-packed sandwiches have allergy awareness on the packaging along with full ingredient list from October 2021 |  |  |  |  |

