DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Autumn/Winter 2022 -V1

| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur <br> Dioxide |
| Baked Potato BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans BF-30396 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (Chiltern Local) |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Tuna Mayonnaise BF-30530, 04134 |  |  |  | $\downarrow$ | $\downarrow$ |  |  |  |  |  |  |  |  |  |
| Green Pesto Pasta BF-04729, 70490 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Fusilli Pasta With grated Cheese BF-29580, CL |  |  |  |  |  |  | CHEESE SERVED SEPERATE |  |  |  |  |  |  |  |
| Garlic Bread BF-04216 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli CL- | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit Salad CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cucumber salad BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts BD-72942, 99120, 99126 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | Silill |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Toad In the Hole BF-14502, 87351 |  | $\nu$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Gravy BF-22212 |  |  |  |  |  |  |  |  |  |  |  |  | $\downarrow$ |  |
| Bubble \& Squeak BF-31321 CL- |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Peas CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Sausages CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit selection BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Frubes BF-50508 |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Alpro Yoghurts BF 35228 |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |  |
| Chilled Raspberry Yoghurt CL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Chicken Fillet \& Gravy |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { IN } \\ \text { GRAVY } \end{gathered}$ |  |
| Vegetable <br> Samosa <br> CL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 茥 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| $\begin{aligned} & \text { Gravy (gf) } \\ & (\mathrm{BD}-22212) \end{aligned}$ |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |  |
| Roast Potatoes BF-43028 |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit selection | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese \& Tomato Pizza BF-71108 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato Waffle BF-80528 |  |  |  | $\nu$ |  |  | $\nu$ |  |  |  |  |  |  |  |
| Vegetable Burger BF41152 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetable CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Burger Bun BF-81210 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Sausage Roll BR-129445 |  | $\sqrt{ }$ |  |  |  |  | MAY CONTAIN |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 为 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Pancakes with Chocolate sauce BR-55454, 112454 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Breaded White Fish Fillet BF-61210 |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Cheese \& Onion Pasty BR-3626 |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Chips BR-36141 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vanilla Muffin BF-37242 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  | May contain |  |  | $\sqrt{ }$ |  |
| Bread BR-130707 |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Salad Bar <br> Allergens highlighted on day If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Review:
5/9/2022

Reviewed by: PJ
This is designed to be a guide only. For more details about specific product contact the school.

May Contain - This is a warning that the product is used in the same factory/site.

Food Standards
Agency

You can find this template, including more information at
All pre-packed sandwiches have allergy awareness on the packaging

