DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Winter 2021-22

DISHES						Lupin Flour	Milk		MUSTARD			HOLE CONTROL	<b>6</b>	Beer
Main Menu Wk 4	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fusilli Pasta with tomato sauce (BD-70492, 04334		$\checkmark$												
Rice with roasted vegetables (BD-25279)	No Allergens													
Peas (Chiltern Local)	No Allergens													
Fresh Fruit watermelon (Birring)	No Allergens													
Italian Beef Meatballs BD 19401		1												
Quorn meatballs (BD-17148)		1		✓										
Rice (BD-06587)	No Allergens													
Carrots (Chiltern Local)	No Allergens													
Fresh Fruit (BIRRING)	No Allergens													
Fruit Yoghurt BF-50508							$\checkmark$							
Grated cheese Chiltern local							✓							

DISHES			¥.			Lupin Flour			MUSTARD				6	Beer
Main Menu Wk 4	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken & Gravy (BD-22212)													In Gravy	
Vegetable Fajita (BD-91546, Chiltern local) Vegan		$\checkmark$												
Roast Potatoes GF (Chiltern local)	No Allergens													
Farmhouse Mixed Vegetables (BD-04497)	No Allergens													
Fresh Fruit selection (Birring)	No Allergens													
Wholemeal wraps (BD-12242)		$\checkmark$												
Beef Chilli (CL, BF-70384, 17576,													May contain	
Mixed Bean & Vegetable chilli CL, BF- 70384, 17576	No Allergens													
Steamed Rice (BD-06587)	No Allergens													
Farmhouse mixed Vegetables BF-04497	No Allergens													
Blackberry & Apple pie BF- 96083, 02805, 10451		$\checkmark$												

DISHES						Lupin Flour			MUSTARD					Beer
Main Menu <b>Wk 4</b>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard BF-26455, 40558							$\checkmark$							
Whitefish fillet (in a bun) (BF-38325)		$\checkmark$			$\checkmark$									
Bun (for cod fillet) (BD-81210)		$\checkmark$											MAY CONTAIN	
Fish fingers GF (BD-02771)					$\checkmark$									
Peas CL	No Allergens													
Cheese (Chiltern Local)							$\checkmark$							
Vegetable Burger In a bun BD-41152,81210		$\checkmark$												
Oven Chips (BD-19253	No Allergens													
Blueberry Muffins (BD-19064)		$\checkmark$		$\checkmark$			$\checkmark$					May contain	May contain	
Bread (BF-45897)		1										May contain	1	
Baked Potatoes (BR	No Allergens													
Frubes BD-50508														

DISHES						Lupin Flour	Milk		MUSTARD				6	Barr
Main Menu Wk 4	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sandwich/roll Ham (PORK) BF-45897, 72031, 45683		1												
Sandwich Cheese BF-45897, 72031, 72537		<b>√</b>					1							
Sandwich Tuna BF-45897, 72031, 30530, 04134		1		1	1									
Baked Potato Cheese/Beans BF-30396, CL,							1							
Alpro Yoghurts BD 35228													1	
Salad Bar Allergens highlighted on day If any														

Amended date: 19/7/2021

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by: PJ

<u>May Contain</u> – This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT!



You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging along with full ingredient list from October 2021