DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Winter 2021-22

| DISHES |  |  |  |  | $3$ |  |  |  |  |  |  |  |  |  |
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| Main Menu WK 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fusilli Pasta with tomato sauce (BD-70492, 04334 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice with roasted vegetables (BD-25279) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit watermelon (Birring) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Italian Beef Meatballs BD 19401 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn meatballs (BD-17148) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice (BD-06587) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit (BIRRING) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurt BF-50508 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Grated cheese Chiltern local |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu WK 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Roast Chicken \& Gravy (BD-22212) |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \text { In } \\ & \text { Gravy } \end{aligned}$ |  |
| Vegetable Fajita <br> (BD-91546, <br> Chiltern local) <br> Vegan |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes GF (Chiltern local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables <br> (BD-04497) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit selection (Birring) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal wraps (BD-12242) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Beef Chilli } \\ & \text { (CL, BF-70384, } \\ & 17576 \text {, } \end{aligned}$ |  |  |  |  |  |  |  |  |  |  |  |  | May contain |  |
| Mixed Bean \& Vegetable chilli CL, BF-70384, 17576 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steamed Rice (BD-06587) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse mixed Vegetables BF-04497 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  <br> Apple pie <br> BF- 96083, 02805, <br> 10451 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 为 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Custard BF-26455, 40558 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Whitefish fillet (in a bun) <br> (BF-38325) |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Bun (for cod fillet) (BD-81210) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | MAY CONTAIN |  |
| Fish fingers GF (BD-02771) |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Peas CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (Chiltern Local) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetable Burger In a bun BD-41152,81210 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven Chips (BD-19253 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Blueberry Muffins (BD-19064) |  |  |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | May contain | May contain |  |
| Bread (BF-45897) |  |  |  |  |  |  |  |  |  |  |  | May contain |  |  |
| Baked Potatoes (BR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Frubes BD-50508 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Sandwich/roll <br> Ham (PORK) <br> BF-45897, 72031, <br> 45683 |  | $\downarrow$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Sandwich Cheese BF-45897, 72031, 72537 |  | $\downarrow$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Sandwich Tuna $\begin{aligned} & \text { BF-45897, 72031, } \\ & 30530,04134 \end{aligned}$ |  |  |  | $\nu$ | $\downarrow$ |  |  |  |  |  |  |  |  |  |
| Baked Potato Cheese/Beans BF-30396, CL, |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Alpro Yoghurts BD 35228 |  |  |  |  |  |  |  |  |  |  |  |  | $\downarrow$ |  |
| Salad Bar Allergens highlighted on day If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Amended date: 19/7/2021

This is designed to be a guide only For more details about specific product contact the school.

Reviewed by: PJ

You can find this template, You can find this template,
including more information at www.food.gov.uk/allergy

May Contain - This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT!

All pre-packed sandwiches have allergy awareness on the packaging along with full ingredient list from October 2021

