DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Winter 2022 - V2

| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese \& Tomato <br> Pizza <br> BR-113092 |  | $\nu$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Potato Wedges BR-111351 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cucumber salad (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Rice BR-33582, 34026 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket Potato Birring | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Mixed Melon (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Grated Cheese CL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts (Frubes) BR-110762 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beef Lasagne Chiltern Local BF - 21476,04193 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread BF 04216 |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |  |


| DISHES |  |  |  |  | (11111 |  |  |  |  |  |  |  |  |  |
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| Quorn \& Vegetable Bolognaise BR-135195 |  | $\downarrow$ |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |
| Strawberry \& Vanilla Mousse CL- |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Seasonal Fruit BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Honey \& Garlic Chicken BR-30271,17494 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  | IN GRAVY |  |
| Mash Potatoes BF-31321 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables <br> CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mac ' $n$ ' Cheese BR-123389, 29604 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Fresh Fruit dessert BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fusili Pasta (plain) BF-70486 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pesto (to add to your fusilli pasta) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baby carrots CL- | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Mexican Bean \& Vegetable Stir-fry BF-42409, BR-13381, 33655 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wrap for Chicken and Vegetable BR-4380 |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Apple Crumble |  |  |  | May contain |  |  | May contain |  |  |  |  |  | May contain |  |
| Cream for crumble |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Coleslaw CL BR- 6898 |  |  |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |
| Breaded White Fish Fillet BF-61210 |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |  |  |
| Gluten Free Fish finger BF-02771 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Samosa CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven Chips BR-36141 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potato Cheese/Beans BIR, BR-33655 CL |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | $\underbrace{3}$ |  |  |  |  |  |  |  |  |  |
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| Vegan Sausage Roll BR-129445 |  | $\nu$ |  |  |  |  | May contain |  |  |  |  |  |  |  |
| Tuna Mayonnaise BR-6359, 6898 |  |  |  | $\downarrow$ | $\downarrow$ |  |  |  |  |  |  |  |  |  |
| Pork Sausage Roll BR-33640 |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |
| Alpro Yoghurts BR-74858 |  |  |  |  |  |  |  |  |  | May contain | May contain |  | $\nu$ |  |
| $\begin{aligned} & \text { Bread } \\ & \text { BR-130707 } \end{aligned}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans (BD-30396) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| All sandwiches See packets for all ingredient list. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salad Bar <br> Allergens <br> highlighted on day If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mini Sugared Ring Donuts BF |  |  |  |  |  |  |  |  |  |  |  |  | $\downarrow$ |  |
| Review date: 2 | /2022 |  |  | Reviewed by: PJ |  |  |  |  |  |  |  |  | You can find this template, including more information at www.food.gov.uk/allergy |  |

This is designed to be a guide only. For more details about specific product contact the school.

May Contain - This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT!

All pre-packed sandwiches have allergy awareness on the packaging

