DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Autumn/Winter 2022 V-1

| DISHES |  |  |  |  | $3$ |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 5 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Tomato Soup CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potato BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Grated Chiltern Local |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Baked Beans BF-30396 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayonnaise BF-30530, 04134 |  |  |  | $\nu$ | $\downarrow$ |  |  |  |  |  |  |  |  |  |
| Bread Roll \& Butter BF-81210 |  | $\downarrow$ |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Fruit Yoghurts BF-72942,99120, 99126 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Exotic Fruit Salad CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Warm Vegan Sausage Roll BR-129445 |  |  |  |  |  |  | May Contain |  |  |  |  |  | $\nu$ |  |
| Turkey \& Vegetable Taco's CL-BR-85788 |  | $\downarrow$ |  |  |  |  |  |  |  |  |  |  | $\downarrow$ |  |


| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 5 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur <br> Dioxide |
| Steamed Rice BF-06587 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Stir-Fry Vegetables <br> Taco's CL |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Orange \& Mango Smoothie CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Chicken \& Gravy BR-111651 CL |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { IN } \\ \text { GRAVY } \end{gathered}$ |  |
| Roast potato BF-43028 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Cauliflower \&Broccoli Cheese BF-04193, CL |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit platter BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese \& Tomato Pasta Bake BR-123383, CL |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Lentil \& Vegetable Pasta Bolognaise BF-56614, 17576, 45876, 70490 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | $\underbrace{\text { 而正 }}$ |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 5 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Peas CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Syrup Sponge \& Custard BR-1960, BF-03416 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| Breaded white Fillet BF 60495 |  | $\sqrt{ }$ |  |  | $\mathscr{}$ |  |  |  |  |  |  |  |  |  |
| Fish Cake/Fingers (GF) <br> BR-115800 |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Bread BR-130707 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Salad Bar <br> Allergens highlighted <br> on day <br> If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chips BR-36141 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Choc Chip Muffin BF-19080 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  | May contain | May contain |  | $\sqrt{ }$ |  |
| Baked Beans BR-33655 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Sausage Roll BR-129445 |  | $\sqrt{ }$ |  |  |  |  | May contain |  |  |  |  |  |  |  |
| Amended date: 6/9/2022 |  |  |  | Reviewed by: PJ |  |  |  |  |  |  |  |  | You can find this template, including more information at www.food.gov.uk/allergy |  |
| This is designed to be a guide only. For more details about specific product contact the school. |  |  |  | May Contain - This is a warning that the product is used in the same factory/site. <br> IF IN DOUBT, LEAVE IT OUT |  |  |  |  |  | All pre-packed sandwiches have allergy awareness on the packaging |  |  |  |  |

