DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Summer 2022 -V2

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fusilli Pasta with tomato sauce BF-70492, CL |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Rice with roasted vegetables BF-25279 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit watermelon CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts BF-72942, 99120, 99126 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Italian Beef Meatballs BF 19401 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn meatballs BF-17148 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice BF-06587 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate swirl Mousse CL |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Fresh Fruit BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Frubes BD-50508 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Roast Chicken \& Gravy BF-22212 |  |  |  |  |  |  |  |  |  |  |  |  | In Gravy |  |
| Vegetable Fajita BF-42409, 12242 CL |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes BF-43028 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit selection BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal wraps BF-12242 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Thai Chicken Stir-fry CL-CHIX BD-89541, 70374 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Vegetable Stir-fry CL-VEG <br> BD-89541, 70374 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Rice BF-06587 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green Beans \& Peas CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vanilla Ice Cream Tub CL |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |


| DISHES | 鲂 | * |  |  |  |  |  |  | $0$ |  | osy |  | dos | $\int^{\text {ma }}$ |
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| Wk 4 | Celery | $\begin{gathered} \text { Cereals } \\ \text { containing } \\ \text { gluten } \end{gathered}$ | Crustaceans | Eggs | Fish | Lupin | Milk | Mollus | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| $\begin{aligned} & \text { Whitefish fillet } \\ & \text { BF-57075 } \end{aligned}$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  | $\checkmark$ |  |  |  |  |  |
| Bun (for cod fillet) BF-81210 |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \text { MAY } \\ & \text { CONTAIN } \end{aligned}$ |  |
| Fish fingers GF BF-02771 |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Baked beans BF-30396 | $\begin{gathered} \text { No } \\ \text { Allergens } \end{gathered}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Burger In a bun <br> BF-41152,81210 |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Oven Chips } \\ & \text { BF-19253 } \end{aligned}$ | $\begin{gathered} \text { Allergens } \end{gathered}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }_{\text {Ketchup }}$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Bluebery Muffins } \\ & \mathrm{BF}-37244 \end{aligned}$ |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  | $\underset{\substack{\text { May } \\ \text { contain }}}{ }$ | May contain |  | May contain |  |
| Bread BF-45872 |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potatoes BIR | $\begin{gathered} \text { No } \\ \text { Allergens } \end{gathered}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Sausage Roll } \\ & \text { Vegan } \\ & \text { BR-129445 } \end{aligned}$ |  | $\checkmark$ |  |  |  |  | $\begin{gathered} \text { May } \\ \text { contain } \end{gathered}$ |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Sausage Roll } \\ & \text { Pork } \\ & \text { BR-33640 } \end{aligned}$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |



This is designed to be a guide only. For more details about specific product contact the school.

All pre—packed sandwiches have allergy awareness on the packaging

