DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Autumn/Winter 2022 - V1

| D\|SHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu WK 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fusilli Pasta with tomato sauce BF-70492, CL |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Rice with roasted vegetables BF-25279 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit watermelon CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Yoghurts/Frubes } \\ & \text { BF-72942, } 99120, \\ & 99126,110762 \end{aligned}$ |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Pork Sausage CL- |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetarian Sausage CL- |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hash Browns BR-113680 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Beans BR-33655 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Omelette BR-32302 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chilled Toffee Yoghurt CL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Roast Gammon \& Gravy BF-22212 |  |  |  |  |  |  |  |  |  |  |  |  | In Gravy | May contain |
| Vegetable Fajita BF-42409, 12242 CL |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes BF-43028 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit selection BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Sausage Roll BR-129445 |  | $\sqrt{ }$ |  |  |  |  | May contain |  |  |  |  |  | $\sqrt{ }$ |  |
| Chicken Tikka masala CL-CHIX BD-128592 |  |  |  |  |  |  | May contain |  |  |  |  |  |  |  |
| Vegetable Samosa CL-VEG |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Rice BF-06587 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jam \& Coconut Sponge with cream BR-1960, 33739, 255 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ | $\sqrt{ }$ |


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| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Breaded Fishcake BR-34900, |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Fish fingers GF BF-02771 |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Peas CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Cake BF-41152 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven Chips BF-19253 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ketchup BF-04157 | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Blueberry Muffins BF-37244 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  | May contain | May contain |  | May contain |  |
| Bread BF-45872 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potatoes BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayonnaise BR-32372 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Grated CL |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Salad Bar <br> Allergens highlighted on day If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Food
Standards Standard Ageod.gov.u

You can find this template, including more information at www.food.gov.uk/allergy

