DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Summer 2022 - V2

| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese \& Tomato <br> Pizza <br> BR-113092 |  | $\nu$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Potato Wedges BR-111351 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cucumber salad (Birring) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Biryani BR-33582, 34026 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket Potato Birring | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Mixed Melon (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Grated Cheese CL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts (Frubes) BR-110762 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Savoury Beef Mince Chiltern Local BR-111651, 28326 |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |  |
| Lentil \& Vegetable Cottage Pie BR - 548, 6437, 461325, |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |


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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Vegetable medley CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| New Potatoes | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Beans BR-33655 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese \& Biscuits BR-85780, 29341 |  | $\downarrow$ |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Yoghurts Frubes BR-110762 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Seasonal Fruit BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Gammon \& Gravy CL BR-111651 |  |  |  |  |  |  |  |  |  |  |  |  | IN GRAVY | $\begin{gathered} \text { MAY } \\ \text { CONTAIN } \end{gathered}$ |
| Mac ' $n$ ' Cheese BR-123389, 29604 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes BF-43028 |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit dessert BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Fajita Chicken Mix BF-42409, <br> BR-33655 <br> CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wrap for Chicken and Vegetable Fajita BR-4380 |  | $\downarrow$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Mexican Bean \& Vegetable Stir-fry BF-42409, <br> BR-13381, 33655 CL- | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice BR-34026 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots \& Sweetcorn CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Coleslaw CL BR- 6898 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Frozen Toffee Yoghurt BR-51295 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breaded Fish Cake BR-34900 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten Free Fish finger BF-02771 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Samosa CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven Chips BR-36141 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Peas CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato Ketchup BF-29565 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayonnaise BR-6359, 6898 |  |  |  | $\downarrow$ | $\nu$ |  |  |  |  |  |  |  |  |  |
| Choc chip muffin BR-4654 |  |  |  | $\downarrow$ |  |  | $\downarrow$ |  |  | May contain | May contain |  | $\nu$ |  |
| Sandwich/roll Ham BR-121701 |  |  |  |  |  |  |  |  |  |  |  | May contain |  | May contain |
| Sandwich/roll Cheese BR-121701 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  | May contain |  |  |
| Sandwich/roll Tuna BR-121701 |  |  |  |  | $\nu$ |  |  |  |  |  |  | May contain |  |  |
| Baked Potato Cheese/Beans BIR, BR-33655 CL |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Vegan Sausage Roll BR-129445 |  |  |  |  |  |  | May contain |  |  |  |  |  |  |  |
| Pork Sausage Roll BR-33640 |  |  |  |  |  |  |  |  |  |  |  |  |  | $\downarrow$ |
| Alpro Yoghurts BR-74858 |  |  |  |  |  |  |  |  |  | May contain | May contain |  | $\nu$ |  |



This is designed to be a guide only. For more details about specific product contact the school.

Reviewed by: PJ
May Contain - This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT!

You can find this template, including more information at www.food.gov.ukallergy

All pre-packed sandwiches have allergy awareness on the packaging

