DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School- Summer 2021

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Macaroni Cheese (BD-70490,04193) |  | $\nu$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Pesto Pasta <br> (BD-70486,04729) |  | $\nu$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Baked potato (Biring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans (BD-30396) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Chiltern Local |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetables BD-83386 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Pineapple \& Mango pieces (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork Sausage (Chiltern Local) |  |  |  |  |  |  |  |  | $\downarrow$ |  |  |  | IN GRAVY | $\nu$ |
| Vegetable sausage (BD-73736) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Creamed Potato (BD-31321) |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Peas <br> (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Lemon Drizzle Cake BD-61131 |  | $\sqrt{ }$ |  | $\nu$ |  |  | $\sqrt{ }$ |  |  | MAY CONTAIN |  |  |  |  |
| Fresh Fruit selection (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts <br> (BD-72942, 99120, <br> 99126) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Chicken \& Gravy (BD-22212) |  |  |  |  |  |  |  |  |  |  |  |  | In Gravy |  |
| Cheese \& Tomato <br> Pasta Bake <br> (BD-70490, 17576 <br> Chiltern |  | $\checkmark$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Potatoes (now gluten free) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables (BD-04497) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken \& Chorizo <br> Pasta bake <br> Chiltern,70490,17576, <br> 04046 BD |  |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |
| Butternut risotto BD-30342 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate mousse <br> BD-31461 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |


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| Fish finger (BD-52855) |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Fish Finger GF (BD-02771) |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Baked Beans (BD-30396) Vegan | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Quiche <br> (BD-52485) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{\nu}$ |  | $\sqrt{\nu}$ |  |  |  | $\sqrt{ }$ |  |
| Chips BD-19253 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vanilla Choc chip Muffin (BD-19070) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | MAY CONTAIN | $\sqrt{ }$ |  |
| Bread <br> (BD-11655) |  | $\downarrow$ |  |  |  |  |  |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Ham <br> Sandwich/roll |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | May contain |  | May contain |
| Cheese Sandwich/roll |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  | May contain |  |  |
| Tuna Sandwich/roll |  |  |  |  |  |  |  |  |  |  |  | May contain |  |  |
| Salad Bar <br> Allergens highlighted <br> on day <br> If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Yoghurts (BD-72942, 99120, 99126) |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Frubes BD-50508 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Alpro Yoghurt BD 35228 |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |  |
| Oak Farm Strawberry Yoghurt <br> 4.5Itr (55 portion) <br> (BD-65440) |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Oak Farm Fudge Yoghurt 4.5ltr (55 portion) (BD-65441 |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |

## Updated:

24/3/21
This is designed to be a guide only. For more details about specific product contact the school.

Reviewed by: PJ

May Contain - This is a warning that
the product is used in the same
factory/site.
IF IN DOUBT, LEAVE IT OUT!

You can find this template, including more information at www.food.gov.uk/allergy
All pre-packed sandwiches have allergy awareness on the packaging

