DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn 19/20

DISHES			×.			Lupin			MUSTARD			Had be	6	Beer
Main Menu Wk 5	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cherry Tomato & Basil Pasta (BD-70490) Vegan		1												
Baked Potato (Birring)	No Allergens													
Vegan Cheese (BD-38139	No Allergens													
Peas Chiltern Local	No Allergens													
Sweetcorn (Chiltern Local)	No Allergens													
Fruit Yoghurts (BD-72942,99120, 99126)							\checkmark							
Exotic Fruits (Chiltern Local)	No Allergens													
Baked Beans (BD-30396)	No Allergens													
Tuna (BD-30530)					1									
Bread		1										May contain	✓	
Fresh Fruit (Birring)	No Allergens													

DISHES			Y.			Flour			MUSTARD					Beer
Main Menu Wk 5	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese (Chiltern Local)							\checkmark							
Chicken Tikka Masala (BD-04345 Chiltern Local)							√		May contain					
Chick Pea, Potato & Spinach Curry (Chiltern local) Vegan									√					
Rice (BD-06587)	No Allergens													
Carrots (Chiltern Local)	No Allergens													
Broccoli (Chiltern Local)	No Allergens													
Coconut & Jam Sponge (DB-00452,		1		1			\checkmark						✓	\checkmark
Cream (BD-31653)							\checkmark							
Roast Turkey (Chiltern Local)							May contain						IN GRAVY	
Gravy (BD-22212)													✓	
Roast potato gf (Chiltern Local)	No Allergens													

DISHES			Y.			Lupin Flour			MUSTARD			No.	6	Coor
Main Menu Wk 5	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cauliflower & Broccoli Mornay (Chiltern Local BD-04193) NOT VEGAN		1												
Farmhouse Vegetables (Chiltern Local)	No Allergens													
Fresh Fruit platter (Chiltern Local)	No Allergens													
Pork Sausage (Chiltern Local)		1							\checkmark					\checkmark
Bun for hot dog (BD-51061)		✓												
Vegetable sausage (Linda McCartney) (BD-73736)		✓											\checkmark	✓
Peas (Chiltern Local)	No Allergens													
Sweetcorn (Chiltern Local)	No Allergens													
Strawberry Mousse (BD-00296)							\checkmark							
Breaded haddock Fillet (Chiltern local)		✓			1									
Fish Fingers (GF) (DB-02771)					1									

DISHES			Y.			Lupin Flour			MUSTARD				6	Beer WINE
Main Menu Wk 5	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Samosa, Chiltern Local)		✓												
Chips (Chiltern Local)	No Allergens													
Flaked Salmon Pasta (BD- 70490, TBC)		✓			\checkmark									
Low sugar Ketchup (BD-04157)	\checkmark													
Sandwiches	see	Pack	For	allergens										
Vanilla Choc Chip Muffin BD-19070)		✓		✓			\checkmark					May contain	✓	
Oak Farm Strawberry Yog 4.5ltr (55 portion) (BD-65440)							\checkmark							
Oak Farm Fudge Yoghurt 4.5ltr (55 portion) (BD-65441							\checkmark							

Amended date: 2/10/19

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by:

<u>May Contain</u> – This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT

PJ



You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging