DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Summer 2021

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu WK 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fusilli Pasta with tomato sauce (BD-70492, Chiltern Local |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Rice with roasted vegetables (BD-25279) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit watermelon (Birring) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts <br> (BD-72942, 99120, 99126) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Italian Beef <br> Meatballs <br> BD 19401 |  | $\rho$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn meatballs (BD-17148) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Rice } \\ & \text { (BD-06587) } \end{aligned}$ | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetables (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Mousse (BD-31461) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit (BIRRING) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts (BD-72942, 99120 99126) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Roast Chicken \& Gravy (BD-22212) |  |  |  |  |  |  |  |  |  |  |  |  | In Gravy |  |
| Vegetable Fajita (BD-91546, <br> Chiltern local) Vegan |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes GF (Chiltern local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables (BD-04497) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit selection (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal wraps (BD-12242) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Stir-fry BD-89541 <br> (in the sauce) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Vegetable Stir-fry (Chiltern Local,) BD-34126 <br> (in the sauce) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Rice (BD-06587) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green Beans \& Peas BD-82846, 82829 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vanilla Ice Cream Tub (BD-91709 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |


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| Main Menu Wk 4 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cod fillet (in a bun) (Chiltern Local 21G) |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Bun (for cod fillet) (BD-81210) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | MAY CONTAIN |  |
| Fish fingers GF (BD-02771) |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Baked beans (DB-30396) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (Chiltern Local) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetable Burger In a bun BD-41152,81210 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven Chips <br> (BD-19253 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Beans (BD-30396) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Blueberry Muffins (BD-19064) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | May contain | May contain |  |
| Bread (BD-11655) |  | $\rho$ |  |  |  |  |  |  |  |  |  | May contain | $\nu$ |  |
| Baked Potatoes (Chiltern Local | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sandwich/roll Ham |  |  |  |  |  |  |  |  |  |  |  |  | May contain | May contain |



This is designed to be a guide only. For more details about specific product contact the school.

May Contain - This is a warning that the product is used in the same factory/site.

IF IN DOUBT, LEAVE IT OUT!

All pre-packed sandwiches have allergy awareness on the packaging

