






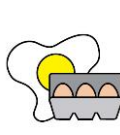
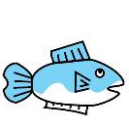











DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn 2018-19

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Main Menu Wk 1 Autumn 18/9 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Pork Sausage (Chiltern Local) | | ✓ | | | | | | | | | | | IN GRAVY | ✓ |
| Sausage (GF) (Chiltern Local) | | | | | | | | | | | | | IN GRAVY | ✓ |
| Vegetable sausage (Linda McCartney) (BD-73736) | | ✓ | | | | | | | | | | | ✓ | ✓ |
| Onion gravy (GF) (BD-22212) | | | | | | | | | | | | | ✓ | |
| Mashed potatoes (BD-01485) | | | | | | | ✓ | | | | | | | |
| Baked Beans (BD-30396) | No Allergens | | | | | | | | | | | | | |
| Fresh Fruit Salad (Chiltern Local) | No Allergens | | | | | | | | | | | | | |
| Baked potatoes Carrots (Birling) | No Allergens | | | | | | | | | | | | | |
| Fresh Fruit (Birling) | No Allergens | | | | | | | | | | | | | |
| Fruit Yoghurts (BD-72942, 99120 99126) | | | | | | | ✓ | | | | | | | |
| Grated Cheese (Chiltern Local) | | | | | | | ✓ | | | | | | | |

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Main Menu Wk 1 Autumn 18/9 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cod Goujons (Chiltern Local) | | ✓ | | | ✓ | | | | ✓ | | | | | |
| Gluten free fish finger (BD-02771) | | | | | ✓ | | | | | | | | | |
| Chips (Chiltern Local Aunt Bessie) | No Allergens | | | | | | | | | | | | | |
| Vegetable Samosas (Chiltern Local) | | ✓ | | | | | | | | | | | | |
| Peas (Chiltern Local) | No Allergens | | | | | | | | | | | | | |
| Spaghetti Hoops (BD-29139) | | ✓ | | May Contain | | | | | | | | | | |
| Choc chip muffin (BD-19080) | | ✓ | | ✓ | | | ✓ | | | | | May contain | ✓ | |

Review date: 10/10/18

Reviewed by: Paul
Jefferys 10/10/18



You can find this template,
including more information at
www.food.gov.uk/allergy

This is designed to be a guide only.
For more details about specific
product contact the school.

Please note that fruit and vegetables that
are not listed are free from the above
allergens

All pre—packed sandwiches have
allergy awareness on the packaging