## DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School– Spring 2020

DISHES					Do.	Lupin Flour	Milk		MUSTARD			NSAM OF THE PROPERTY OF THE PR		Beer
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mac n Cheese (BD-70490,04193)		✓					✓							
Garlic Bread (BD-04216)		✓					✓						✓	
Lentil & Chickpea bolognaise	No Allergens													
Rice (BD-06587)	No Allergens													
Baked potato (Biring)	No Allergens													
Broccoli (Chiltern Local)	No Allergens													
Fresh Pineapple & Mango pieces (Chiltern Local)	No Allergens													
Pork Sausage (Chiltern Local)		✓							<b>✓</b>				IN GRAVY	✓
Vegetable sausage (BD-73736)		<b>√</b>											✓ IN GRAVY	✓
Baked beans (BD-30396)	No Allergens													
Mash Potato (BD-31321)							<b>√</b>							

DISHES					D.S.	Lupin Flour	Milk		MUSTARD			SSEAMI		Seer WNE
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sticky Toffee Pudding (BD-00452,50754, 90028)		<b>√</b>		✓			<b>√</b>						<b>√</b>	✓
Custard (BD-03416, 40558)							✓							
Roast Chicken Fillet (Chiltern Local)	No Allergens												In Gravy	
Gravy (BD-22212)													✓	
Cheese Tortellini (BD-49201,		<b>√</b>		✓			<b>√</b>							
Tomato Sauce (for above dish)	No Allergens													
Roast Potatoes (now gluten free)	No Allergens													
Shredded Cabbage (Chiltern Local)	No allergens													
Baby Carrots (Chiltern Local)	No allergens													
Fresh Fruit selection (Birring)	No allergens													
Chicken Nuggets (BD—35476)		✓												

DISHES						lupin Flour	Milk		MUSTARD			SSAM		Beer WNE
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Vegetable Nuggets (BD-74705		1												
Sweet & Sour Sauce (BD-04337)	No Allergens													
Peas (Chiltern Local)	No Allergens													
Rice (BD-06587)	No Allergens													
Chocolate Mousse (BD-00299)							✓							
Fish finger (BD- 52855)		<b>√</b>			<b>√</b>									
Fish Finger GF (BD-02771)					✓									
Vegetable Quiche (BD-52485)		✓		✓			✓		✓				✓	
Chips (Chiltern Local)	No Allergens													
Baked Beans (BD-30396) Vegan	No allergens													
Vanilla Choc chip Muffin (BD-19070)		✓		✓			✓					MAY CONTAIN	✓	

Bread (BD-11655)		1										May contain	<b>√</b>	
DISHES						upin Flour	Milk		MUSTARD			Etsam Ot	6	Gaer WINE
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Yoghurts (BD-72942, 99120, 99126)							<b>√</b>							
Oak Farm Strawberry Yog 4.5ltr (55 portion) (BD-65440)							<b>√</b>							
Oak Farm Fudge Yoghurt 4.5ltr (55 portion) (BD-65441							<b>√</b>							
Ham Baguette (BD-71140)		<b>√</b>											MAY CONTAIN	
Cheese Baguette (BD-71140, 72537)		1					1						MAY CONTAIN	

Updated:28/3/2020

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by: PJ

<u>May Contain</u> – This is a warning that the product is used in the same factory/site.

IF IN DOUBT, LEAVE IT OUT!



You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging