## DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Summer 2020

| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 2 Summer 20 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Wholemeal Sandwich Bread (BD-19414) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Non-dairy spread VG (BD-72031) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayonnaise Sandwich (BD-19414, 72031, 80222) |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Ham Sandwich (BD-19414, 72031, 45685) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese sandwich (BD-19414, 72031, 72537) |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Fresh Fruit (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Yoghurt } \\ & \text { (BD-72942,99120 } \\ & 99126 \text { ) } \end{aligned}$ |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Gingerbread Man (BD-42504 |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  | May Contain |  |  | $\sqrt{ }$ |  |
| Ham Sandwich (BD-19414, 72031, 45685) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal Roll (Bespoke) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Egg Mayonnaise Roll/Sandwich (BD-81210, 72031, 81925) | May contain | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | May contain |  | $\sqrt{ }$ |  |  | May contain | May contain |  |


| DISHES |  |  |  | $\infty$ |  | $5$ |  |  |  |  | osio |  | ol8 | ${ }^{\text {ma }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 2 Summer 2020 | Celery | $\begin{gathered} \text { Cereals } \\ \text { containing } \\ \text { gluten } \end{gathered}$ | Crustaceans | Eggs | Fish | Lupin | Milk | Mollus | Mustard | Nuts | Peanuts | $\begin{gathered} \text { Sesame } \\ \text { seeds } \end{gathered}$ | Soya | $\begin{aligned} & \text { Sulphur } \\ & \text { Dinoxid } \end{aligned}$ |
| $\begin{array}{\|l} \text { Ham Roll } \\ \text { HeD-8220, } 2031, \\ 456855) \end{array}$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Caramel wafer bar (BK-A27511) |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |
| $\begin{aligned} & \text { Bueberry Muffin } \\ & (B D-19064) \end{aligned}$ |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  | May contain | May contain |  |
| Shortbread Biscuit Bespoke Island Bakery) |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  | $\underline{\text { contain }}$ | $\underline{\text { May }} \text { Contain }$ |  |  |  |
| Shortbread Biscuit <br> (BD- |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \text { May } \\ & \text { Contain } \end{aligned}$ |  |  |  |  |
| Chocolate (Bespoke) |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  | $\begin{gathered} \text { Conay } \\ \text { Contain } \end{gathered}$ |  |  | $\checkmark$ |  |
| $\begin{aligned} & \text { Strawbery Jelly } \\ & \text { (VG,GF) } \\ & \text { (BD-73291) } \end{aligned}$ | $\begin{gathered} \text { No } \\ \text { Allergens } \end{gathered}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ciabatta Roll (GF) (GD-94200) |  |  |  |  |  | $\begin{aligned} & \text { May } \\ & \text { contain } \end{aligned}$ |  |  |  |  |  |  | $\checkmark$ |  |
| Soft Flour Tortilla (BD-82492) |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Wrap Ham \& Cucumber (BD-82492) |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \begin{array}{l} \text { Wrap Cheese } \\ \text { salad } \\ \text { (BD-82492) } \end{array} \end{aligned}$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |



This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

Highlighted in Yellow means MAY or CONTAINS NUTS

