DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Winter Spring 2021

DISHES						Lupin Flour			MUSTARD			USAN CONTRACTOR	-6 <u>8</u>	Beer
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese BD-70488, 04193		\checkmark					\checkmark							
Roasted Vegetable Rice BD-06587	No allergens													
Peas BD - 82829	No allergens													
Baked Potato Birring	No allergens													
Cheese Grated Chiltern Local							\checkmark							
Baked Beans 30396	No allergens													
Wholemeal Bread 19414		\checkmark												
Vegan Spread non butter 72031	No allergens													
Cheese Slices 72537							\checkmark							
Ham Slices 45683	No allergens													
Tuna Mayonnaise 30530, 04134				\checkmark	\checkmark									
Egg Mayonnaise 81925 or C70147	may contain	may contain		\checkmark			may contain		\checkmark			may contain	may contain	

DISHES			¥.			Lupin Flour			MUSTARD			Note the second se	6	Beer
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fresh Fruit Salad Chiltern Local	No allergens													
Mild Beef Chilli BD-03350, 17576													May contain	
Bean & Lentil Chilli BD-56614, 17576	No allergens													
Rice BD- 06587	No allergens													
Carrots BD-70825	No allergens													
Strawberry Jelly BD-73291	No allergens													
Cheese for (for cheese & Biscuits) 06502							\checkmark							
Fresh Fruit Birring	No Allergens													
Yoghurts 72942, 99126							\checkmark							
Roast Chicken Fillet Chiltern Local													In gravy	
Gravy for chicken 22212													\checkmark	

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Cheese Tortellini Tomato sauce BD-49201		\checkmark		\checkmark			\checkmark							
Roast Potatoes BD- 76315	No Allergies													
Carrots BD-70825	No Allergies													
Chicken & Chorizo Pasta BD-70490		\checkmark												\checkmark
Butternut risotto BD-30342	No Allergens													
Peas BD-82829	No Allergens													
Chocolate Mousse BD 31461							\checkmark							
Baked White fish Cod BD 60495		\checkmark			\checkmark									
Vegetable Samosa Chiltern Local		\checkmark												
Oven chips BD 19253	No Allergens													
Blueberry Muffin BD-19064		\checkmark		\checkmark			\checkmark					May contain	\checkmark	

DISHES			×.			Lupin Flour			MUSTARD				6	Beer
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Oreo cookie bar A84659		\checkmark					May Contain						\checkmark	
Gluten free ciabatta roll 94200						May Contain							\checkmark	
Soreen bar Original A119715		\checkmark					\checkmark							
Soreen Bar Banana A119714		\checkmark												
Tunnocks wafer bar A27511		\checkmark					\checkmark						\checkmark	
Tunnock teacake A29860		\checkmark		\checkmark			\checkmark						\checkmark	

Review date: 15/12/2020

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by: Paul Jefferys

Please note that fruit and vegetables that are not listed are free from the above allergens



You can find this template, including more information at www.food.gov.uk/allergy