




DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Winter Spring 2021

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese BD-70488, 04193		✓					✓							
Roasted Vegetable Rice BD-06587	No allergens													
Peas BD - 82829	No allergens													
Baked Potato Birring	No allergens													
Cheese Grated Chiltern Local							✓							
Baked Beans 30396	No allergens													
Wholemeal Bread 19414		✓												
Vegan Spread non butter 72031	No allergens													
Cheese Slices 72537							✓							
Ham Slices 45683	No allergens													
Tuna Mayonnaise 30530, 04134				✓	✓									
Egg Mayonnaise 81925 or C70147	may contain	may contain		✓			may contain		✓			may contain	may contain	

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Cheese Tortellini Tomato sauce BD-49201		✓		✓			✓							
Roast Potatoes BD- 76315	No Allergies													
Carrots BD-70825	No Allergies													
Chicken & Chorizo Pasta BD-70490		✓												✓
Butternut risotto BD-30342	No Allergens													
Peas BD-82829	No Allergens													
Chocolate Mousse BD 31461							✓							
Baked White fish Cod BD 60495		✓			✓									
Vegetable Samosa Chiltern Local		✓												
Oven chips BD 19253	No Allergens													
Blueberry Muffin BD-19064		✓		✓			✓					May contain	✓	

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Oreo cookie bar A84659		✓					May Contain						✓	
Gluten free ciabatta roll 94200						May Contain							✓	
Soreen bar Original A119715		✓					✓							
Soreen Bar Banana A119714		✓												
Tunnocks wafer bar A27511		✓					✓						✓	
Tunnock teacake A29860		✓		✓			✓						✓	

Review date: 15/12/2020

Reviewed by: Paul
Jefferys



You can find this template,
including more information at
www.food.gov.uk/allergy

This is designed to be a guide only.
For more details about specific
product contact the school.

Please note that fruit and vegetables that
are not listed are free from the above
allergens