DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Autumn 19-20

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese \& Tomato Pizza <br> (BK-f113092) |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetable Nuggets <br> (BD-74705) <br> 4 per child -Vegan |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hash Browns vegan (BD-54707) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Water Melon (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fajita Chicken (Chiltern Local BD-91546) |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| Vegetable \& Chick Pea Curry (Vegan) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Rice } \\ & \text { (BD-06587) } \end{aligned}$ | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts (BD-72942, 99120 99126) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Grated Cheese (Chiltern Local) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Sandwich selection (see pack for details) | See | packs | for | details |  |  |  |  |  |  |  |  |  |  |
| Sliced Carrots (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Flour Tortilla wraps (BD-12242) <br> (Vegan) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese \& Biscuits (BD-99534) <br> (Vegan) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mac $n$ Cheese v (BD-70488,04193) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Mash Potato (BD-01485) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Chicken (Chiltern Local) |  |  |  |  |  |  |  |  |  |  |  |  | IN GRAVY |  |
| Gravy (BD-22212) |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Mixed Vegetable (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit Selection | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |



| DISHES |  |  |  |  | 为 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Peas (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Choc chip muffin (BD-19080) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Bread <br> (BD-11655) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Oak Farm Strawberry Yog 4.5Itr (55 portion) (BD-65440) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Oak Farm Fudge Yoghurt 4.5Itr (55 portion) (BD-65441 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |

Review date: 2/10/19

This is designed to be a guide only. For more details about specific product contact the school.

Reviewed by: PJ

## May Contain - This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT!

You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging

