DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn 19-20

DISHES			×.			Lupin			MUSTARD			No.	6	the second secon
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese & Tomato Pizza (BK-f113092)		1					\checkmark							
Vegetable Nuggets (BD-74705) 4 per child -Vegan		✓												
Sweetcorn (Chiltern Local)	No Allergens													
Peas (Chiltern Local)	No Allergens													
Hash Browns vegan (BD-54707)	No Allergens													
Fresh Water Melon (Chiltern Local)	No Allergens													
Fajita Chicken (Chiltern Local BD-91546)									✓					
Vegetable & Chick Pea Curry (Vegan)	No Allergens													
Rice (BD-06587)	No Allergens													
Fruit Yoghurts (BD-72942, 99120 99126)							\checkmark							
Grated Cheese (Chiltern Local)							\checkmark							

DISHES			X			Lupin Flour			MUSTARD			Han a start a	- Colores	Beer
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sandwich selection (see pack for details)	See	packs	for	details										
Sliced Carrots (Chiltern Local)	No Allergens													
Broccoli (Chiltern Local)	No Allergens													
Flour Tortilla wraps (BD-12242) (Vegan)		1												
Cheese & Biscuits (BD-99534) (Vegan)		1												
Mac n Cheese v (BD-70488,04193)		1					\checkmark							
Mash Potato (BD-01485)							\checkmark							
Roast Chicken (Chiltern Local)													IN GRAVY	
Gravy (BD-22212)													\checkmark	
Mixed Vegetable (Chiltern Local)	No Allergens													
Fresh Fruit Selection	No Allergens													

DISHES			¥.			Lupin Flour			MUSTARD				6	Beer
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Cheesy Cottage Pie (BD-01485, 22212, Chiltern Local)							\checkmark						~	
Leek & Pea Risotto (BD-30342, 16975) Vegan	No Allergens													
Carrots (Chiltern Local)	No Allergens													
Sweetcorn (Chiltern Local)	No Allergens													
Apple & Oat Crumble (BD-10451, 40126, 03393)		✓		May contain			May contain						May contain	
Custard (BD-03416, 40558)							\checkmark							
Cod Goujons (Chiltern Local)	May Contain	✓			\checkmark				✓					
Gluten Free Fish finger (BD-02771)					\checkmark									
Vegetable Samosa (Chiltern Local)	No Allergens													
Oven Chips (Chiltern Local)	No Allergens													

DISHES						Flour			MUSTARD				6	Beer
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Peas (Chiltern Local)	No Allergens													
Choc chip muffin (BD-19080)		1		\checkmark			\checkmark					May contain	~	
Bread (BD-11655)		1										May contain	1	
Oak Farm Strawberry Yog 4.5ltr (55 portion) (BD-65440)							\checkmark							
Oak Farm Fudge Yoghurt 4.5ltr (55 portion) (BD-65441							\checkmark							

Review date: 2/10/19

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by: PJ

<u>May Contain</u> – This is a warning that the product is used in the same factory/site. <u>IF IN DOUBT, LEAVE IT OUT!</u>



You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging