DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Summer 19/20

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Main Menu Wk 5 Summer 19/20														
Cheese & Tomato Pasta Bake (BD-70490)		✓					✓							
Cheese & Onion Pasty (BD-50448)		✓					✓							
Carrots Chiltern Local	No Allergens													
Peas Chiltern Local	No Allergens													
Fresh Fruit Salad (Chiltern Local)	No Allergens													
Fruit Yoghurts (BD-72942,99120, 99126)							✓							
Fresh Fruit (Birring)														
Baked Beans (BD-30396)	No Allergens													
Tuna (BD-30530)					✓									
Bread		✓										May contain	✓	

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Main Menu Wk 5 Summer 19/20														
Cheese (Chiltern Local)							✓							
Chicken Chunk Pieces (BD-35474)		✓					✓							
Sweet & Sour Sauce (BD-04337)	No Allergens													
Vegetable Spring Rolls (BD-19006)	✓	✓							May contain			May contain	✓	
Rice (BD-06587)	No Allergens													
Broccoli (Chiltern Local)	No Allergens													
Sweetcorn (Chiltern Local)	No Allergens													
Pineapple Upside Down cake (DB-00452, 01948		✓		✓			✓						✓	
Cream (BD-31653)				✓										
Roast Gammon Ham (Chiltern Local)													IN GRAVY	May contain
Gravy (BD-22212)													✓	

Main Menu **Wk 5** Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast potato gf (Chiltern Local)	No Allergens													
Cheese & Tomato Tortellini (BD-49201)		✔		✔			✔							
Farmhouse Vegetables (Chiltern Local)	No Allergens													
Fresh Fruit platter (Chiltern Local)	No Allergens													
Pork Sausage All day breakfast (Chiltern Local)		✔												✔
Omelette All day breakfast (BD-01599				✔			✔							
Hash brown nuggets All day breakfast (BD-54707)		✔												
Baked Beans (BD-30396)	No allergens													
Vegetable sausage (Linda McCartney) (BD-73736)		✔											✔	✔
Cheese (for biscuits) (BD-06502)	No Allergens						✔							
Biscuits (BD-99534		✔												

Main Menu Wk 5 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breaded Fishcake (Chiltern local)		✓			✓									
Fish Fingers (GF) (DB-02771)					✓									
Vegetable Samosa, Chiltern Local)		✓												
Chips (Chiltern Local)	No Allergens													
Low sugar Ketchup (BD-04157)	✓													
Sweetcorn (Chiltern Local)	No Allergens													
Broccoli (Chiltern Local)	No Allergens													
Sandwiches	see	Pack	For	allergens										
Tuna (BD-30530)				✓										
Chocolate Muffin (DB-19080)		✓		✓			✓					May contain	✓	
Tuna (BD-30530)					✓									
Fresh Fruit (Birring)	No Allergens													

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Main Menu **Wk 5** **Summer 19/20**														
Fruit Yoghurts (BD-72942,99120, 99126)							✓							
Cheese (Chiltern Local)							✓							
Bread		✓										May contain	✓	

Amended date: 26/3/19

Reviewed by:26/3/19   Paul Jefferys

Food Standards Agency
food.gov.uk

You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have allergy awareness on the packaging