DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Spring 2020

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese \& Tomato Pizza (BK-f113092) |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetable Nuggets <br> (BD-74705) <br> 4 per child -Vegan |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hash Browns vegan (BD-54707) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Water Melon (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken \& Noodles BD-08126) |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |
| Vegetables \& Noodles (BD-08126) |  | $\sqrt{J}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Noodles (BD-08126) |  | $\sqrt{J}$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts (BD-72942, 99120 99126) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Grated Cheese (Chiltern Local) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | $\underbrace{\text { n/mill }}$ |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Ham Baguette (BD-71140) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | MAY CONTAIN |  |
| Cheese Baguette (BD-71140, 72537) |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  | MAY CONTAIN |  |
| Sliced Carrots (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese \& Biscuits (BD-99534) |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |
| Mac $n$ Cheese v (BD-70488,04193) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Potatoes (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Gammon (Chiltern Local) |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { IN } \\ \text { GRAVY } \end{gathered}$ |  |
| $\begin{aligned} & \text { Gravy } \\ & \text { (BD-22212) } \end{aligned}$ |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Yorkshire Pudding (BD-87474) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetable (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


| Chocolate Sponge with Chocolate custard (BD-00452, 03416) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| DISHES | $\sqrt[5]{\sqrt{2} / 5}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cocktail Sausages In Baked Beans (BD-14502, 30396) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable sausages in beans (BD-99856,30396) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Peas (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mini Waffles (BD-48506) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Apple \& Oat Crumble (BD-10451, 40126, 03393) |  | $\sqrt{ }$ |  | May contain |  |  | May contain |  |  |  |  |  | May contain |  |
| Custard <br> (BD-03416, 40558) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Cod Goujons (Chiltern Local 013) | May Contain |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |
| Gluten Free Fish finger (BD-02771) |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Vegetable Samosa (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven Chips (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Sweetcorn (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Double Choc chip muffin <br> (BD-19080) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Bread <br> (BD-11655) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Oak Farm Strawberry Yog 4.5Itr (55 portion) (BD-65440) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Oak Farm Fudge Yoghurt 4.5Itr (55 portion) (BD-65441 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |

Review date: 3/2/2020

This is designed to be a guide only. For more details about specific product contact the school.

Reviewed by: PJ

## May Contain - This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT!

You can find this template, including more information at www.food.gov.uk/allergy

All pre-packed sandwiches have allergy awareness on the packaging

