DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Autumn 19/20

| DISHES |  |  |  |  | $\underbrace{\text { n/mill }}$ |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Green Pesto for Pasta dish (BD-04729) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Sandwiches Assorted | See | Packs | For | details |  |  |  |  |  |  |  |  |  |  |
| Penne Pasta (BD-70490) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread (BD-04216) |  | $\sqrt{ }$ |  |  |  |  | May contain |  |  |  |  |  | May contain |  |
| Yoghurts (BD-72942, 99120, 99126) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Fresh Fruit (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potato (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (Chiltern Local) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Tuna } \\ & \text { (BD-37392) } \end{aligned}$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Fresh Fruit Salad (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Main Menu Wk 3 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Baked Beans (BD-30396) Vegan | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Beef Burger (Chiltern Local) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ | $\sqrt{ }$ |
| Vegetable Burger (BD-41152) Vegan |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Buns for Burgers (BD-81210) Vegan |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { MAY } \\ \text { CONTAIN } \end{gathered}$ |  |  |
| Ciabatta Buns GF (BD-94204) |  |  |  |  |  | $\begin{gathered} \text { MAY } \\ \text { CONTAIN } \end{gathered}$ |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Low sugar Ketchup (BD-04157) Vegan | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Spaghetti Hoops <br> (BD-03403) <br> Vegan |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lemon Drizzle Cake (BD-00452, 07531, 07313 |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Roast Loin of Pork (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  | In Gravy |  |  |




