DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Summer 19/20

DISHES						Lupin Flour			MUSTARD					Base Wite
Main Menu Wk 4 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Meatballs (Chiltern local)		1												$\checkmark$
Pork Meatballs GF (Chiltern Local)														1
Quorn Meat balls (BD-17148)		1		$\checkmark$										
Penne Pasta (BD-70490)		1												
Peas (Chiltern Local)	No Allergens													
Carrots (Chiltern Local)	No Allergens													
Fresh Fruit (Birring)	No Allergens													
Yoghurts (DB-72942, 99120, 99126)							$\checkmark$							
Orange Jelly (BD-39958)	No Allergens													
Beef Burgers (Chiltern Local)		1											$\checkmark$	1
Beef Burgers (GF) (Chiltern Local)														~

DISHES			¥.			Lupin Flour			MUSTARD			Non		Beer
Main Menu Wk 4 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Burgers (BD-41152)		1												
Buns for Burgers (BD-81210)		1										MAY CONTAIN		
Ciabatta Buns GF (BD-94204)						MAY CONTAIN							✓	
Potato Waffles (BD-48506)	No Allergens													
Baked Beans (BD-30396)	No allergens													
Ketchup (BD-04157)	$\checkmark$													
Frozen Raspberry Yoghurt Ice cream (BD-58595)							$\checkmark$							
Roast Chicken (Chiltern local)													IN GRAVY	
Gravy (BD-22212)													✓	
Roast Potatoes GF (Chiltern local)	No Allergens													
Carrots (Chiltern local)	No Allergens													

DISHES						Lupin Flour			MUSTARD				6	Beer
Main Menu Wk 4 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Broccoli (Chiltern local)	No Allergens													
Yorkshire pudding (BD-87474)		1		~			$\checkmark$							
Broccoli & Cauliflower Cheese (BD-04193)		1					$\checkmark$							
Yoghurts (DB-72942, 99120, 99126)							$\checkmark$							
Baked potato (Birring)	No Allergens													
Baked beans (DB-30396)	No Allergens													
Cheese (Chiltern Local)							$\checkmark$							
English Pizza Muffin (BD-06544, 02631)		✓										May contain	~	
Penne Pasta (BD-70490)		1												
Lentil & Vegetable Bolognaise (BD-34126)	No Allergens													
Baton Carrots (Chiltern local)	No Allergens													

DISHES			×.			Lupin Flour			MUSTARD			SISME OL		Beer
Main Menu Wk 4 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cucumber sticks (Chiltern Local)	No Allergens													
Sandwiches	see	Pack	For	allergens										
Mini Donut rings (BD-53564)		1		1			1						1	
Cod Goujons (Chiltern Local)		1			$\checkmark$				~					
Fish fingers GF (BD-02771)					✓									
Vegetable Quiche (BD-52485)		✓		$\checkmark$			$\checkmark$		$\checkmark$				$\checkmark$	
Chips (Chiltern Local)	No Allergens													
Peas (Chiltern Local)	No Allergens													
Blueberry Muffins (BD-19064)		1		1			1					MAY CONTAIN	MAY CONTAIN	
Tuna (BD-30530)					✓									
Bread (BD-11655)		1										May contain	✓	

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by:26/3/19 Paul Jefferys

Please note that fruit and vegetables that are not listed are free from the above allergens



All pre—packed sandwiches have allergy awareness on the packaging