


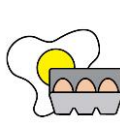
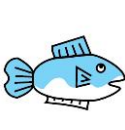







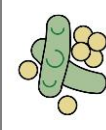



## DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Summer 19/20

[illegible]





| DISHES                              |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Main Menu<br>Wk 4<br>Summer 19/20   | Celery                                                                           | Cereals<br>containing<br>gluten                                                  | Crustaceans                                                                      | Eggs                                                                             | Fish                                                                             | Lupin                                                                             | Milk                                                                               | Mollusc                                                                            | Mustard                                                                            | Nuts                                                                               | Peanuts                                                                            | Sesame<br>seeds                                                                    | Soya                                                                               | Sulphur<br>Dioxide                                                                 |
| Cucumber sticks<br>(Chiltern Local) | No<br>Allergens                                                                  |                                                                                  |                                                                                  |                                                                                  |                                                                                  |                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |
| Sandwiches                          | see                                                                              | Pack                                                                             | For                                                                              | allergens                                                                        |                                                                                  |                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |
| Mini Donut rings<br>(BD-53564)      |                                                                                  | ✓                                                                                |                                                                                  | ✓                                                                                |                                                                                  |                                                                                   | ✓                                                                                  |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    | ✓                                                                                  |                                                                                    |
| Cod Goujons<br>(Chiltern Local)     |                                                                                  | ✓                                                                                |                                                                                  |                                                                                  | ✓                                                                                |                                                                                   |                                                                                    |                                                                                    | ✓                                                                                  |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |
| Fish fingers GF<br>(BD-02771)       |                                                                                  |                                                                                  |                                                                                  |                                                                                  | ✓                                                                                |                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |
| Vegetable Quiche<br>(BD-52485)      |                                                                                  | ✓                                                                                |                                                                                  | ✓                                                                                |                                                                                  |                                                                                   | ✓                                                                                  |                                                                                    | ✓                                                                                  |                                                                                    |                                                                                    |                                                                                    | ✓                                                                                  |                                                                                    |
| Chips<br>(Chiltern Local)           | No<br>Allergens                                                                  |                                                                                  |                                                                                  |                                                                                  |                                                                                  |                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |
| Peas<br>(Chiltern Local)            | No<br>Allergens                                                                  |                                                                                  |                                                                                  |                                                                                  |                                                                                  |                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |
| Blueberry Muffins<br>(BD-19064)     |                                                                                  | ✓                                                                                |                                                                                  | ✓                                                                                |                                                                                  |                                                                                   | ✓                                                                                  |                                                                                    |                                                                                    |                                                                                    |                                                                                    | MAY<br>CONTAIN                                                                     | MAY<br>CONTAIN                                                                     |                                                                                    |
| Tuna<br>(BD-30530)                  |                                                                                  |                                                                                  |                                                                                  |                                                                                  | ✓                                                                                |                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    |
| Bread<br>(BD-11655)                 |                                                                                  | ✓                                                                                |                                                                                  |                                                                                  |                                                                                  |                                                                                   |                                                                                    |                                                                                    |                                                                                    |                                                                                    |                                                                                    | May<br>contain                                                                     | ✓                                                                                  |                                                                                    |

Amended date:26/3/19

Reviewed by:26/3/19 Paul Jefferys



You can find this template,  
including more information at  
[www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

This is designed to be a guide only.  
For more details about specific  
product contact the school.

Please note that fruit and vegetables that  
are not listed are free from the above  
allergens

All pre—packed sandwiches have  
allergy awareness on the packaging