

DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Winter Spring 2021

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato & Cheese Penne Pasta 70490,		✓					✓							
Garlic Bread BD-04216		✓					MAY CONTAIN						MAY CONTAIN	
Carrots BD - 70825	No allergens													
Baked Potato Birring	No allergens													
Cheese Grated Chiltern Local							✓							
Baked Beans BD - 30396	No allergens													
Wholemeal Bread 19414		✓												
Vegan Spread BD - 72031	No allergens													
Cheese Slices BD - 72537							✓							
Ham Slices BD - 45683	No allergens													
Tuna Mayonnaise BD-30530, 04134				✓	✓									
Egg Mayonnaise 81925 or C70147	may contain	may contain		✓			may contain		✓			may contain	may contain	

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Gluten Free Fish Fingers BD-02771					✓									
Oreo cookie bar A84659		✓					May Contain						✓	
Vanilla Choc-chip Muffin 19070		✓		✓			✓					May contain	✓	
Gluten free ciabatta roll 94200						May Contain							✓	
Soft White Roll (for sandwiches) BD-81210		✓										May Contain		
Soreen bar Original A119715		✓					✓							
Soreen Bar Banana A119714		✓												
Tunnocks wafer bar A27511		✓					✓						✓	
Tunnock teacake A29860		✓		✓			✓						✓	
Double Chocolate Muffin 19076		✓		✓			✓					May contain	✓	

Review date: 15/12/2020

Reviewed by: Paul
Jefferys



You can find this template,
including more information at
www.food.gov.uk/allergy

This is designed to be a guide only.
For more details about specific
product contact the school

Please note that fruit and vegetables that
are not listed are free from the above
allergens