DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Winter Spring 2021

| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Tomato \& Cheese Penne Pasta 70490, |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Garlic Bread BD-04216 |  | $\sqrt{ }$ |  |  |  |  | MAY CONTAIN |  |  |  |  |  | MAY CONTAIN |  |
| Carrots $\text { BD - } 70825$ | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potato Birring | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Grated Chiltern Local |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Baked Beans BD - 30396 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal Bread 19414 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Spread BD - 72031 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Slices BD - 72537 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Ham Slices BD - 45683 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayonnaise BD-30530, 04134 |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Egg Mayonnaise 81925 or C70147 | may contain | may contain |  | $\sqrt{ }$ |  |  | may contain |  | $\sqrt{ }$ |  |  | may contain | may contain |  |


| DISHES |  |  |  |  | (11111 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fresh Watermelon Chiltern Local | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork Sausages Chiltern Local |  | $\sqrt{ }$ |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |
| Vegan sausages BD-70195 <br> (Katerveg) |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Mash Potato BD - 31321 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Gravy for sausages BD-22212 |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Peas BD- 82829 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jelly pots Strawberry BD- 73291 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit Birring | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts 72942, 99126 99126, 35269 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Chicken Fillet Chiltern Local |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \text { In } \\ & \text { gravy } \end{aligned}$ |  |
| Gravy for chicken BD-22212 |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |


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| Vegetable Nuggets Vegan BD-74705 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes BK-114423 | No Allergies |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetables BD- 83386 | No Allergies |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Italian beef meatballs BD 19401 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable <br> Meatballs <br> BD-60269 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Tomato sauce (for meatballs) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice BD-06587 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese for (for cheese \& Biscuits) 06502 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Biscuits for Cheese BD-21493 |  | $\sqrt{ }$ |  | may contain |  |  | may contain |  |  |  |  | may contain |  |  |
| Baked White fish Cod BD 60495 |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Vegetable <br> Samosa <br> Chiltern Local |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven chips BD 19253 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 苗 |  |  |  |  |  |  |  |  |  |
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| Gluten Free Fish Fingers BD-02771 |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Oreo cookie bar A84659 |  | $\sqrt{ }$ |  |  |  |  | May Contain |  |  |  |  |  | $\sqrt{ }$ |  |
| Vanilla Choc-chip Muffin $19070$ |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Gluten free ciabatta roll 94200 |  |  |  |  |  | May Contain |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Soft White Roll (for sandwiches) BD-81210 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | May Contain |  |  |
| Soreen bar Original A119715 |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Soreen Bar Banana A119714 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Tunnocks wafer bar A27511 |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| Tunnock teacake A29860 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| Double Chocolate Muffin 19076 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  | May contain | $\sqrt{ }$ |  |

Review date: 15/12/2020

This is designed to be a guide only. For more details about specific

Please note that fruit and vegetables that are not listed are free from the above allergens

Food
Standards
Agency
Agency

You can find this template, including more information at www.food.gov.uk/allergy

Reviewed by: Paul
Jefferys

