DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School– Summer 19/20

DISHES						Lupin Flour			MUSTARD				6	Corr
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Summer 19/20 Chicken Tikka Masala (Chiltern Local) BD-04345)							✓							
Vegetable Curry	No Allergens													
Rice (BD-06587)	No Allergens													
Broccoli (Chiltern Local)	No Allergens													
Chapati (BD-12242)		1												
Fresh Fruit (Biring)	No Allergens													
Mango & Orange smoothie (BD-29484)	No Allergens													
Yoghurts (BD-72942, 99120, 99126)							\checkmark							
Baked potato (Biring)	No Allergens													
Cheese (Chiltern Local)							\checkmark							
Baked beans (BD-30396)	No Allergens													

DISHES						Lupin Flour			MUSTARD				6	Beer
Main Menu Wk 2 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pizza Cheese (BK-F113092)		1					\checkmark							
Sandwiches	See	packs	For	details										
Pasta Neapolitan (BD-70490) Chiltern Local		1												
Carrot sticks (Chiltern local)	No Allergens													
Cucumber pieces (Chiltern Local)	No Allergens													
Lemon Drizzle cake (BD-00452)		1		\checkmark			\checkmark						~	
Roast Gammon (Chiltern Local)	No Allergens												In Gravy	
Gravy (BD-22212)													✓	
Mac'n'Cheese (BD- 70490 BD-04193)		1					\checkmark							
Yoghurts (BD-72942, 99120, 99126)							\checkmark							
Roast Potatoes (now gluten free)	No Allergens													

DISHES						Lupin Flour			MUSTARD					Beer
Main Menu Wk 2 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Green Beans (Chiltern Local)	No allergens												In Gravy	
Baby Carrots (Chiltern Local)	No allergens													
Fresh Fruit selection (Birring)	No allergens													
Beef Chilli (BD-50236, 30396)	No allergens													
Taco shells (BD-75640)		May contain												
Bean & Vegetable Chilli (BD-17571, 50236)									1					
Rice (BD-06587)	No Allergens													
Farmhouse Vegetables (BD-04497)		1					MAY CONTAIN						MAY CONTAIN	
Raspberry Ripple Mousse (BD-11150)							1							
Fish finger (BD-52855 or Chiltern Local		1			\checkmark									
Fish Finger GF (BD-02771)					\checkmark									

DISHES						Lupin Flour			MUSTARD			HIME CONTRACT		Beet
Main Menu Wk 2 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Nuggets (BD-74705)		1												
Chips (Chiltern Local)	No Allergens													
Baked Beans (BD-30396)	No allergens													
Blueberry Muffins (BD-19064)		1		\checkmark			\checkmark					MAY CONTAIN	MAY CONTAIN	
Bread (BD-11655)		1										May contain	✓	
Updated 26/3/19					Reviewed 1 26/3/19	oy: P	Jefferys						You can find this including more in www.food.gov.ul	nformation at

This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have

allergy awareness on the packaging