DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Summer 19/20

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DISHES						Lupin Flour			MUSTARD				6	Beer
Main Menu	Celery		Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur
Wk 3		containing										seeds		Dioxide
Summer 19/20		gluten												
Beef Bolognaise Sauce only (Chiltern Local BD-22212)													✓	
Vegetable Bolognaise (BD-36512)		IN PASTA												
Penne Pasta (BD-70490)		1												
Peas (Chiltern Local)	No Allergens													
Carrots (Chiltern Local)	No Allergens													
Yoghurts (BD-72942, 99120, 99126)							1							
Fresh Fruit (Birring)	No Allergens													
Baked Potato (Birring)	No Allergens													
Cheese (Chiltern Local)							\checkmark							
Tuna (BD-37392)					1									
Fresh Melon Pieces (Chiltern Local)	No Allergens													

DISHES			×.			Lupin Flour			MUSTARD			Nan Contraction of the second se		Beer
Main Menu Wk 3 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sandwiches Assorted	See	Packs	For	details										
Baked potatoes (Birrings)	No Allergens													
Baked Beans (BD-30396)	No Allergens													
Lentil & Vegetable Chilli (BD-50236)	No Allergens													
Rice (BD-06587)	No Allergens													
Sweetcorn (Chiltern Local)	No Allergens													
Broccoli (Chiltern Local)														
Scotch Pancakes (BD-36007)		1		1			\checkmark							
Chocolate Sauce (BD-52998)	No Allergens													
Roast Turkey (BK-F110294)	No Allergens In turkey												In Gravy	

DISHES			¥.			Lupin Flour			MUSTARD			NAME CONTRACTOR	6	Ber
Main Menu Wk 3 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Gravy (gf) (BD-22212)													1	
Stuffed Peppers (Birring BD-05997)		1					\checkmark							
Roast Potatoes (Chiltern Local) Aunt Bessie	No Allergens													
Green Beans (Chiltern Local)	No Allergens													
Baby carrots (Chiltern Local)	No Allergens													
Fresh Fruit selection (Birring)	No Allergens													
Bacon Carbonara (BD-70490 Chiltern Local) BD-04193)		1					\checkmark							May Contain In bacon
Penne Pomodoro (BD-70490)		✓												
Garlic Bread (BD-04216)		1					May contain						May contain	
Mixed Vegetables (Chiltern Local)	No Allergens													
Carrot Cake (BD-06902)		1		1			May contain						1	

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Main Menu Wk 3 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breaded Fish Cake (Chiltern Local)		1			1									
Yoghurts (BD-72942, 99120, 99126)							✓							
Fish finger (GF) (BD-02771)					\checkmark									
Cheese & Onion Pasty (BD-50448)		1					✓							
Chips (Chiltern Local)	No Allergens													
Peas (Chiltern Local)	No Allergens													
Vanilla Choc Muffin (BD-19070)		1		~			1					MAY CONTAIN	~	
Bread		1										May contain	✓	
Review date: 26/3/19				Review	ed by:	Paul Jeff	erys 26/3/1	9		<u>.</u>	For Sta	andards inc	u can find this t cluding more inf vw.food.gov.uk/	ormation at

This is designed to be a guide only. For more details about specific product contact the school. Please note that fruit and vegetables that are not listed are free from the above allergens All pre—packed sandwiches have allergy awareness on the packaging