## DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn 2018-19

DISHES						upin Flour	Milk		MUSTARD			SISAMI OL		Beer WINE
Main Menu  Wk 2  Autumn 18/9	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Bolognaise Sauce only (Chiltern Local BD-22212)													✓	
Quorn & Veg Bolognaise Sauce only (BD-36512)		IN PASTA		✓										
Penne Pasta (BD-70490)		✓												
Broccoli (Birring)	No Allergens													
Green Beans (Chiltern Local)	No Allergens													
Yoghurts (BD-72942, 99120, 99126)							✓							
Fresh Fruit (Birring)	No Allergens													
Baked Potato (Birring)	No Allergens													
Cheese (Chiltern Local)							✓							
Tuna (BD-37392)					✓									

Mango & Orange smoothie (BD-29484)	No Allergens													
DISHES					De.	Lupin	Milk		MUSTARD			Figure 1		Beer
Main Menu Wk 2 Autumn 18/9	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sandwiches	See	Packs	For	details										
Baked potatoes (Birrings)	No Allergens													
Quorn & Veg Bolognaise Sauce only (BD-36512)				✓										
Baked Beans (BD-30396)	No Allergens													
Rice (BD-06587)	No Allergens													
Fruits of the Forest sponge (BD-00452)		1		✓			✓						✓	
Custard (BD-03416)							✓							
Yoghurts (BD-72942, 99120, 99126)							<b>√</b>							
Roast Gammon (Chiltern Local)													In Gravy	May contain
Gravy (gf) (BD-22212)													<b>√</b>	

Cheese & Tomato Tortellini (BD-49201)		<b>✓</b>		✓			✓							
DISHES					D.	upin Flour	Milk		MUSTARD			Sign		Beer
Main Menu  Wk 2  Autumn 18/9	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Potatoes (Chiltern Local) Aunt Bessie	No Allergens													
Fresh Cabbage (Chiltern Local)	No Allergens													
Baby carrots (Chiltern Local)	No Allergens													
Butterscotch Mousse (BD-25359)							✓							
Steak Pie (BD-96083 pastry)		IN PASTRY											<b>✓</b>	
Butternut Risotto (BD-30342)	No Allergens													
New potatoes (Birring)	No Allergens													
Mixed Vegetables (Chiltern Local)	No Allergens													
Chocolate Cake (BD-00452, 29710)		<b>√</b>		<b>√</b>			<b>√</b>						<b>✓</b>	
Yoghurts (BD-72942, 99120, 99126)							<b>√</b>							

Vegetable Burgers (BD-41152		1												
DISHES					De.	Lupin	Milk		MUSTARD			FIGURE 1	£	Beer
Main Menu  Wk 2  Autumn 18/9	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish finger (BD-52855 or Chiltern Local		<b>√</b>			<b>√</b>									
Fish finger (GF) (BD-02771)					<b>√</b>									
Vegetable Quiche (BD-52485)		✓		✓			<b>√</b>		✓				✓	
Hash Browns (Chiltern Local)	No Allergens													
Peas (Chiltern Local)	No Allergens													
Vanilla Choc Muffin (BD-19070)		<b>√</b>		✓			1					MAY CONTAIN	✓	
Bread		<b>√</b>										May contain	✓	

Review date: 8/10/18

Reviewed by:

Paul Jefferys 8/10/18



You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school. Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have allergy awareness on the packaging