DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn 2018/19

DISHES						upin Flour	Milk		MUSTARD			III:AMI	1)E	Coor WNE
Main Menu Wk 6 Autumn 18/19	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef & Tomato Pasta (BD-70490, 22212)		In Pasta											√	
Vegetable Pesto Pasta (BD-70490)		In Pasta					✓							
Broccoli & Carrot Chiltern local	No Allergens													
Orange Jelly BD-39958	No Allergens													
Cream (BD-31653)							✓							
Fresh Fruit (Birring)	No Allergens													
Fruit Yoghurts (BD-72942,99120, 99126)							√							
Baked Potato (Birring)	No Allergens													
Tuna & Sweetcorn Pasta bake (BD-70490, 30530)		✓			√		✓							
Baked Beans (BD30396)	No Allergens													

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISMAN		WNE
Main Menu Wk 6 Autumn 18/19	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sticky Toffee Pudding (BD-00452, 90028)		✓		✓			✓						✓	✓
Custard (BD-03416, 40558)							√							
Fruit Yoghurts (BD-72942,99120, 99126)							√							
Roast Chicken (Chiltern Local)													In Gravy	
Gravy (gf) (BD-22212)													✓	
Cauliflower & Broccoli Morney (BD-04193)		✓					✓							
Roast Potatoes (gluten free)	No Allergens													
Mixed Vegetables (Chiltern Local)	No Allergens													
Fresh Melon & Pineapple (Birring or Chiltern Local)	No Allergens													
Fruit Yoghurts (BD-72942,99120, 99126)							√							
DISHES					Do.	Jupin Flour	Milk		MUSTARD			SILMIN		WINE Beer

Main Menu Wk 6 Autumn 18/19	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot dog Sausage Chiltern local		✓												✓
Hot Dog Sausage GF Chiltern local														✓
Vegetable Sausage (BD-73736)		✓											✓	✓
Bun for hot dog (BD-08754)		✓										MAY CONTAIN		
Bun –Gluten free (BD-94204)						MAY CONTAIN							✓	
Culry Fries- (BD-01102)		√												
Sweetcorn (Chiltern Local)	No Allergens													
Fresh Pineapple (Chiltern Local)	No Allergens													
Natural Yoghurt (BD-88685)							✓							
Breaded White Fish (Chiltern Local)		√			√									
Vegetable Spring Roll (BD-19006)	✓	✓							May Contain			May Contain	✓	
Sandwiches	see	Pack	For	allergens										
Fish Finger GF (BD-02771)					✓									





























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Baked Potato (Birring)	No Allergens													
Hash Brown (Chiltern Local)	No Allergens													
Baked Beans (BD-30396)	No Allergens													
Chocolate Brownie (DB-51940)		✓		✓			√						✓	
Tuna (BD-30530)					√									
Cheese (Chiltern Local)							√							
Bread (BD-11655)		✓										May contain	✓	

Amended date: 17/10/18

Reviewed by:

Paul Jefferys 17/10/18



You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have allergy awareness on the packaging