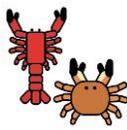
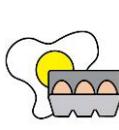
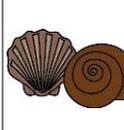
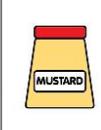
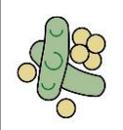
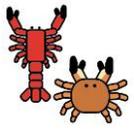
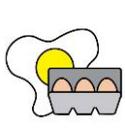
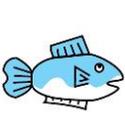
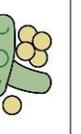
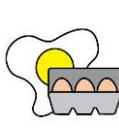
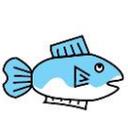
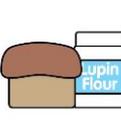
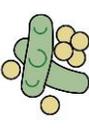
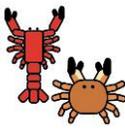
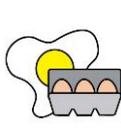
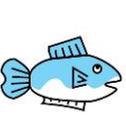
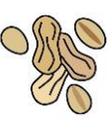
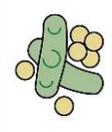


## DISHERS AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn 2018/19

DISHERS														
Main Menu Wk 5 Autumn 18/19	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage (Chiltern local)		✓												✓
Sausage GF Chiltern local														✓
Vegetable Sausage (Linda McCartney BD-73736)		✓											✓	✓
Yorkshire pudding (DB-87474)		✓		✓			✓							
Gravy (BD-22212)													✓	
Mash Potato (BD-01485)							✓							
Fruit Yoghurts (BD-72942,99120, 99126)							✓							
Carrots Chiltern Local	No Allergens													
Green Beans Chiltern Local	No Allergens													
Pepperoni Pizza (DB—71109) <i>Contains Beef &amp; Chicken. No Pork</i>		✓					✓							

DISHES														
Main Menu Wk 5 Autumn 18/19	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese & Tomato Pizza (DB-71108)		✓					✓							
Greek Yoghurt (BD-35262)							✓							
Baked Beans (BD-30396)	No Allergens													
Fresh Melon (Biring)	No Allergens													
Roast Gammon Ham (Chiltern Local)													IN GRAVY	May contain
Sweet & Sour Vegetable Noodles (BD-08126, 04337)		✓		✓										
Roast potato gf (Chiltern Local)	No Allergens													
Gravy (BD-22212)													✓	
Baby Carrots/Broccoli (Chiltern Local)	No Allergens													
Butterscotch Mousse (BD-00301)							✓							
Fruit Yoghurts (BD-72942,99120, 99126)							✓							

DISHES														
Main Menu <b>Wk 5</b> Autumn 18/19	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roasted Cherry Tomato & Basil Pasta (BD-70490)		✓												
Bean & Vegetable Pastie (BD-74024)	✓	✓					✓							
Garlic Bread (BD-04216)		✓					May Contain						May Contain	
Peas (Chiltern Local)	No Allergens													
Coconut & Jam Sponge (BD-00452, 41193, 07803)		✓		✓			✓						✓	✓
Custard (BD-03416)							✓							
Breaded Haddock fillet (Chiltern Local)		✓			✓									
Fish Fingers (GF) (DB-02771)					✓									
Vegetable Samosa, Chiltern Local)		✓												
Flaked Salmon Pasta (BD-70490, 89145)		✓			✓									
Chips (Chiltern Local)	No Allergens													

Sweetcorn (Chiltern Local)	No Allergens													
Sandwiches	see	Pack	For	allergens										
<b>DISHES</b>														
<b>Main Menu Wk 5 Autumn 18/19</b>	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Chocolate Muffin (DB-19080)		✓		✓			✓					May contain	✓	
Tuna (BD-30530)					✓									
Fresh Fruit (Birring)	No Allergens													
Fruit Yoghurts (BD-72942,99120, 99126)							✓							
Cheese (Chiltern Local)							✓							
Bread		✓										May contain	✓	

Amended date: 9/10/18

Reviewed by:

Paul Jefferys 9/10/18



You can find this template,  
including more information at  
[www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

This is designed to be a guide only.  
For more details about specific  
product contact the school.

Please note that fruit and vegetables that  
are not listed are free from the above  
allergens

All pre—packed sandwiches have  
allergy awareness on the packaging