DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Summer 19-20

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 <br> Summer 19/20 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Pork Sausage (Chiltern Local) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | IN GRAVY | $\nu$ |
| Sausage (GF) <br> (Chiltern Local) |  |  |  |  |  |  |  |  |  |  |  |  | IN GRAVY | $\sqrt{ }$ |
| Vegetable sausage (Linda McCartney) (BD-73736) |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ | $\sqrt{ }$ |
| $\begin{aligned} & \text { gravy (GF) } \\ & \text { (BD-22212) } \end{aligned}$ |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Mashed potatoes (BD-01485) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Green Beans (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked potatoes (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit (Birring) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts $\text { (BD-72942, } 99120$ <br> 99126) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | $\underbrace{\text { n/mill }}$ |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 1 <br> Summer 19/20 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Grated Cheese (Chiltern Local) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Sandwich selection (see pack for details) | See | packs | for | details |  |  |  |  |  |  |  |  |  |  |
| Orange Jelly (BD-39958) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans (DB-30396) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Rice } \\ & \text { (BD-06587) } \end{aligned}$ | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Pea \& Lentil Curry | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Coleslaw salad (Chiltern Local) |  |  |  | $\sqrt{ }$ <br> MAYO |  |  |  |  |  |  |  |  |  |  |
| Spinach salad (Birrings) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Chicken (Chiltern Local) |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { IN } \\ \text { GRAVY } \end{gathered}$ |  |
| Vanilla Ice cream (BD 091709) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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| Summer 19/20 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur <br> Dioxide |
| Cauliflower Cheese (BD-70490) Cheese from Chiltern Local |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Yorkshire pudding (DB-87474) |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast potatoes (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gravy (GF) (BD-22212) |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Sweetcorn (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern Local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit Selection (Birring) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts (BD-72942, 99120 99126) |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Beef \& Tomato Pasta bake (BD-70490, 22212) |  | In Pasta |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Lentil \& Vegetable Casserole | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | $3$ |  |  |  |  |  |  |  |  |  |
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| Main Menu <br> Wk 1 <br> Summer $19 / 20$ | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Broccoli (Chiltern Local) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic bread (BD-04216) |  |  |  |  |  |  | MAY CONTAIN |  |  |  |  |  | MAY CONTAIN |  |
| Strawberry Mousse (BD-23014 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Bread (BD-11655) |  |  |  |  |  |  |  |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Breaded White Fish (Chiltern Local) |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Gluten free fish finger (BD-02771) |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Peas (Chiltern local) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chips (Chiltern Local Aunt Bessie) | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable <br> Samosas <br> (Chiltern Local) |  | $\int$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Choc chip muffin (BD-19080) |  |  |  |  |  |  |  |  |  |  |  | May contain | $\sqrt{ }$ |  |
| Review date: 26/3/19 <br> Reviewed by: Paul Jefferys 26/3/19 |  |  |  |  |  |  |  |  |  |  | Food Standards Agency food.gov.uk |  | You can find this template, including more information at www.food.gov.uk/allergy |  |

This is designed to be a guide only. For more details about specific product contact the school.

All pre-packed sandwiches have allergy awareness on the packaging

