DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Summer 19-20

DISHES						Lupin Flour			MUSTARD					Beet
Main Menu Wk 1 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Sausage (Chiltern Local)		1											IN GRAVY	\checkmark
Sausage (GF) (Chiltern Local)													IN GRAVY	\checkmark
Vegetable sausage (Linda McCartney) (BD-73736)		1											\checkmark	\checkmark
gravy (GF) (BD-22212)													✓	
Mashed potatoes (BD-01485)							\checkmark							
Green Beans (Chiltern Local)	No Allergens													
Carrots (Chiltern Local)	No Allergens													
Baked potatoes (Birring)	No Allergens													
Fresh Fruit (Birring)	No Allergens													
Fruit Yoghurts (BD-72942, 99120 99126)							\checkmark							

DISHES						Lupin Flour			MUSTARD			Rink	6	Beer
Main Menu Wk 1 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Grated Cheese (Chiltern Local)							\checkmark							
Sandwich selection (see pack for details)	See	packs	for	details										
Orange Jelly (BD-39958)	No Allergens													
Baked beans (DB-30396)	No Allergens													
Rice (BD-06587)	No Allergens													
Chicken Pea & Lentil Curry	No Allergens													
Coleslaw salad (Chiltern Local)				мауо					МАУО					
Spinach salad (Birrings)	No Allergens													
Roast Chicken (Chiltern Local)													IN GRAVY	
Vanilla Ice cream (BD 091709)							\checkmark							

DISHES			¥.			Lupin Flour			MUSTARD			HR.	6	Beer
Main Menu Wk 1 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cauliflower Cheese (BD-70490) Cheese from Chiltern Local		1					✓							
Yorkshire pudding (DB-87474)		1		\checkmark			\checkmark							
Roast potatoes (Chiltern Local)	No Allergens													
Gravy (GF) (BD-22212)													✓	
Sweetcorn (Chiltern Local)	No Allergens													
Peas (Chiltern Local)	No Allergens													
Fresh Fruit Selection (Birring)	No Allergens													
Fruit Yoghurts (BD-72942, 99120 99126)							\checkmark							
Beef & Tomato Pasta bake (BD-70490, 22212)		In Pasta											1	
Lentil & Vegetable Casserole	No Allergens													

DISHES						Lupin Flour			MUSTARD					Beer
Main Menu Wk 1 Summer 19/20	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Broccoli (Chiltern Local)	No Allergens													
Garlic bread (BD-04216)		1					MAY CONTAIN						MAY CONTAIN	
Strawberry Mousse (BD-23014							\checkmark							
Bread (BD-11655)		1										May contain	✓	
Breaded White Fish (Chiltern Local)		1			✓									
Gluten free fish finger (BD-02771)					\checkmark									
Peas (Chiltern local)	No Allergens													
Chips (Chiltern Local Aunt Bessie)	No Allergens													
Vegetable Samosas (Chiltern Local)		1												
Choc chip muffin (BD-19080)		1		\checkmark			\checkmark					May contain	\checkmark	

Review date: 26/3/19

Reviewed by: Paul Jefferys 26/3/19



You can find this template, including more information at www.food.gov.uk/allergy This is designed to be a guide only. For more details about specific product contact the school. All pre—packed sandwiches have allergy awareness on the packaging