DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School- Winter Spring 2021


| DISHES |  |  |  |  | 雨 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fresh Mango \& Pineapple Chiltern Local | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beef Burger Chiltern Local |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ | $\sqrt{ }$ |
| Vegetable Burger/Vegetable cake $41152$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Bun for burgers $81210$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | May Contain |  |  |
| Tomato Ketchup 04157 | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Soft White flour rolls <br> 81210 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Mini Ring Doughnuts 53564 |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |
| Fresh Fruit Birring | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurts 72942, 99126 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Gammon Chiltern Local |  |  |  |  |  |  |  |  |  |  |  |  | In Gravy | May contain |
| Gravy for gammon BD-81210 |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |


| DISHES |  |  |  |  | 覑 |  |  |  |  |  |  |  |  |  |
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| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Vegetable Nuggets vg DB- 74705 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes BD - 76315 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetables BD - 83386 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Korma Chiltern Local 70403 |  |  |  |  |  |  | May Contain |  |  |  |  |  |  |  |
| Vegetable Korma Chiltern Local 70403 |  |  |  |  |  |  | May Contain |  |  |  |  |  |  |  |
| Rice 06587 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chapatti 12242 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas BD-82829 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Strawberry \& Vanilla Mousse BD-73288 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Breaded Fish cake BD - 07408 |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  |  |  |  |
| Gluten free fish fingers BD - 02771 |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |



