DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School– Spring 2020

| DISHES | | | | | | | | | MUSTARD | | | Ra | | Beer |
|---|-----------------|---------------------------------|-------------|--------------|------|-------|--------------|---------|---------|------|---------|-----------------|---------------|--------------------|
| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Mac n Cheese (BD-70490,04193) | | 1 | | | | | \checkmark | | | | | | | |
| Garlic Bread (BD-04216) | | 1 | | | | | \checkmark | | | | | | \checkmark | |
| Quorn Bolognaise (BD-36512, | | | | \checkmark | | | | | | | | | | |
| Rice (BD-06587) | No Allergens | | | | | | | | | | | | | |
| Baked potato (Biring) | No Allergens | | | | | | | | | | | | | |
| Broccoli (Chiltern Local) | No Allergens | | | | | | | | | | | | | |
| Fresh Pineapple & Mango pieces (Chiltern Local) | No Allergens | | | | | | | | | | | | | |
| Pork Sausage (Chiltern Local) | | 1 | | | | | | | 1 | | | | IN GRAVY | \checkmark |
| Vegetable sausage (BD-73736) | | 1 | | | | | | | | | | | ✓ IN GRAVY | \checkmark |
| Baked beans (BD-30396) | No Allergens | | | | | | | | | | | | | |
| Mash Potato (BD-31321) | | | | | | | \checkmark | | | | | | | |

| DISHES | | | | | | Lupin Flour | | | MUSTARD | | | | 6 | Ber |
|--|-----------------|---------------------------------|-------------|--------------|------|----------------|--------------|---------|---------|------|---------|-----------------|-------------|--------------------|
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| Sticky Toffee Pudding (BD-00452,50754, 90028) | | 1 | | \checkmark | | | \checkmark | | | | | | ~ | ✓ |
| Custard (BD-03416, 40558) | | | | | | | \checkmark | | | | | | | |
| Roast Chicken Fillet (Chiltern Local) | No Allergens | | | | | | | | | | | | In Gravy | |
| Gravy (BD-22212) | | | | | | | | | | | | | ✓ | |
| Cheese Tortellini (BD-49201, | | 1 | | \checkmark | | | \checkmark | | | | | | | |
| Tomato Sauce (for above dish) | No Allergens | | | | | | | | | | | | | |
| Roast Potatoes (now gluten free) | No Allergens | | | | | | | | | | | | | |
| Shredded Cabbage (Chiltern Local) | No allergens | | | | | | | | | | | | | |
| Baby Carrots (Chiltern Local) | No allergens | | | | | | | | | | | | | |
| Fresh Fruit selection (Birring) | No allergens | | | | | | | | | | | | | |
| Chicken Nuggets (BD—35476) | | 1 | | | | | | | | | | | | |

| DISHES | | | | | | Lupin Flour | | | MUSTARD | | | | | Beer |
|---|-----------------|---------------------------------|-------------|------|------|----------------|--------------|---------|---------|------|---------|-----------------|------|--------------------|
| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Sweet & Sour Sauce (BD-04337) | No Allergens | | | | | | | | | | | | | |
| Peas (Chiltern Local) | No Allergens | | | | | | | | | | | | | |
| Rice (BD-06587) | No Allergens | | | | | | | | | | | | | |
| Chocolate Mousse (BD-00299) | | | | | | | \checkmark | | | | | | | |
| Fish finger (BD- 52855) | | 1 | | | 1 | | | | | | | | | |
| Fish Finger GF (BD-02771) | | | | | 1 | | | | | | | | | |
| Vegetable Quiche (BD-52485) | | 1 | | ✓ | | | \checkmark | | 1 | | | | ✓ | |
| Chips (Chiltern Local) | No Allergens | | | | | | | | | | | | | |
| Baked Beans (BD-30396) Vegan | No allergens | | | | | | | | | | | | | |
| Vanilla Choc chip Muffin (BD-19070) | | 1 | | 1 | | | \checkmark | | | | | MAY CONTAIN | 1 | |
| Bread (BD-11655) | | 1 | | | | | | | | | | May contain | ~ | |

| DISHES | | | | | | Flour | | | MUSTARD | | | RAN | | Geer |
|---|--------|---------------------------------|-------------|------|------|-------|--------------|---------|---------|------|---------|-----------------|----------------|--------------------|
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| Yoghurts (BD-72942, 99120, 99126) | | | | | | | \checkmark | | | | | | | |
| Oak Farm Strawberry Yog 4.5ltr (55 portion) (BD-65440) | | | | | | | \checkmark | | | | | | | |
| Oak Farm Fudge Yoghurt 4.5ltr (55 portion) (BD-65441 | | | | | | | \checkmark | | | | | | | |
| Ham Baguette (BD-71140) | | 1 | | | | | | | | | | | MAY CONTAIN | |
| Cheese Baguette (BD-71140, 72537) | | 1 | | | | | \checkmark | | | | | | MAY CONTAIN | |

Updated:3/2/2020

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by: PJ

<u>May Contain</u> – This is a warning that the product is used in the same factory/site. <u>IF IN DOUBT, LEAVE IT OUT!</u>



You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging