DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School– Autumn 19/20 (amended 5/9/19)

DISHES						Lupin Flour			MUSTARD		0		6	Beer
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mac n Cheese (BD-70490,04193) NOT VEGAN		1					\checkmark							
Quorn Bolognaise (BD-36512,				\checkmark										
Rice (BD-06587)	No Allergens													
Baked potato (Biring)	No Allergens													
Broccoli (Chiltern Local)	No Allergens													
Fresh Pineapple & Mango pieces (Chiltern Local)	No Allergens													
Sandwiches	See	packs	For	details										
Pork Sausage (Chiltern Local)		1							~				V IN GRAVY	√
Vegetable sausage (BD-73736)		1											✓ IN GRAVY	\checkmark
Baked beans (BD-30396)	No Allergens													
Mash Potato (BD-01485)							\checkmark							

DISHES			¥.			Lupin Flour			MUSTARD			Non	• \$	Beer
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sticky Toffee Pudding (BD-00452,50754, 90028)		1		~			\checkmark						1	✓
Custard (BD-03416, 40558)							\checkmark							
Roast Chicken Fillet (Chiltern Local)	No Allergens												In Gravy	
Gravy (BD-22212)													\checkmark	
Cheese Tortellini (BD-49201,		1		1			\checkmark							
Tomato Sauce (for above dish)	No Allergens													
Roast Potatoes (now gluten free)	No Allergens													
Shredded Cabbage (Chiltern Local)	No allergens													
Baby Carrots (Chiltern Local)	No allergens													
Fresh Fruit selection (Biring)	No allergens													
Shredded Pulled Pork (Chiltern Local BD-04703)	No allergens													

DISHES						Flour			MUSTARD					taer WNE
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Peas (Chiltern Local)	No Allergens													
Rice (BD-06587)	No Allergens													
Wholemeal wraps (BD-12242) (Vegan)		1												
Chocolate Mousse (BD-00299)							\checkmark							
Fish finger (BD-52855 or Chiltern Local		✓			1									
Fish Finger GF (BD-02771)					1									
Vegetable Quiche (BD-52485)		1		\checkmark			\checkmark		~				~	
Chips (Chiltern Local)	No Allergens													
Baked Beans (BD-30396) Vegan	No allergens													
Vanilla Muffin (BD-19070)		1		\checkmark			\checkmark					MAY CONTAIN	~	
Bread (BD-11655)		1										May contain	1	

DISHES						Lupin Flour			MUSTARD		0	HIGH CONTRACT		Beer
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Yoghurts (BD-72942, 99120, 99126)							\checkmark							
Oak Farm Strawberry Yog 4.5ltr (55 portion) (BD-65440)							\checkmark							
Oak Farm Fudge Yoghurt 4.5ltr (55 portion) (BD-65441							\checkmark							
Butternut Risotto (Chiltern Local, BD-30342, 16975) Vegan	No Allergens													

Updated:2/10/19

This is designed to be a guide only. For more details about specific product contact the school. Reviewed by: PJ

<u>May Contain</u> – This is a warning that the product is used in the same factory/site. <u>IF IN DOUBT, LEAVE IT OUT!</u>



You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging